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TTC may cut parking incentive

METROPASS The TTC is looking to end a major incentive for Metropass holders, charging them up to $6 per day to park in its jammed commuter lots.

A staff recommendation to be voted on at tomorrow's Toronto Transit Commission meeting calls for eliminating free parking for Metropass holders, who make up 80 per cent of the drivers using the lots.

The move, which could be implemented in about six months, would hit more than 10,000 drivers who use the TTC's 16 parking lots across the city. They'd have to pay the same daily market rates other drivers do.

TORSTAR NEWS SERVICE

World pg 9

Michelle Obama touts hubby

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Entertainment pg 26

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CNE Forget that fear of gravity

RENE JOHNSTON/TORSTAR NEWS SERVICE

Eric Spurrell battles his fears on the Mega Drop yesterday at the CNE. The CNE midway is a perfect spot for thrill-seekers or those who want to conquer fears. Story, p. 3.

Donor law gains support

A Toronto Star-Angus Reid poll has found 64 per cent of Ontarians support provincial legislation that would make everyone an automatic organ donor unless they explicitly opt out.

About 32 per cent oppose the idea.

The poll results come on the heels of a campaign by two MPPs to introduce such legislation at Queen's Park. NDP MPP Peter Kormos has twice before tried to introduce a bill that would give presumed consent. Both attempts have failed.

Now, he and MPP Cheri Di Novo are once more pushing for a law that would grant automatic donor consent in hopes of cutting a long-standing chronic shortage of organ donors across the province.

Close to 1,700 Ontarians are currently waiting for organ transplants.

The problem is nationwide; about 4,000 Canadians are waiting for transplants. Between 140 and 250 Canadians die annually before they receive a needed organ.

TORSTAR NEWS SERVICE

MORE COVERAGE, P. 6

Systems

- Under the current system, anyone who wants to donate an organ has to fill out a donor card or it is presumed they don't want to. Under the presumed consent system — already in use in Belgium and Spain — everyone is registered as a donor unless they explicitly opt out.

Dozen deaths now linked to Maple Leaf tainted meat

OUTBREAK A dozen deaths are now linked to the outbreak of a bacterial infection that prompted a nationwide recall of ready-to-eat meat, the Public Health Agency of Canada said yesterday.

Eleven deaths took place in Ontario — including four in Greater Toronto.

Six deaths in Ontario are being blamed directly on a strain of Listeriosis monocytogenes at the heart of a cross-Canada outbreak, while officials are still waiting for laboratory testing to confirm the cause of death in the remaining five.

Laboratory test results announced this weekend tied the outbreak to tainted meat packaged at a Maple Leaf Foods plant in Toronto, but the exact cause is still under investigation.

TORSTAR NEWS SERVICE

MORE COVERAGE, P. 12.

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25 arrested at health spas
Twenty-five people were arrested yesterday at nine east-end health spas alleged to be fronts for brothels. Police also seized $25,000, along with ecstasy and marijuana. The spas involved are on Danforth Avenue and O'Connor Drive. TORSTAR NEWS SERVICE

Local

Beer ad actor jailed for child porn

A Toronto actor known for his role as a loud, beer-loving Scotsman in Alexander Keith's television commercials has been sentenced to 20 months in prison on child porn charges. Robert Smith, seen here in a May 2008 photo, right, and in one of the beer commercials, was sentenced in a Toronto court yesterday. Crown prosecutor Allison Dellandrea said the sentence demonstrates that people in possession of child porn are directly responsible for the abuse. THE CANADIAN PRESS

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Tomorrow's Metro

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What's online today.

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Lotteries

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These results are not official.

News in brief

SHOOTING Durham Region police are seeking suspects after four men were shot outside an Ajax home just after midnight Sunday. Witnesses reported hearing gunshots and seeing several vehicles flee the scene. TORSTAR NEWS SERVICE

Stressed over blast

Mental anguish lingers for many Downsview residents

A work glove on his right hand, a plywood board on his driveway, 66-year-old Vito Malfara picked up a saw. Two weeks and one day after the Sunrise Propane explosion that drove him, terrified, from his Spalding Road home, he began to repair his damaged backyard shed.

That, it seems, will be the easy fix.

Eight houses from Murray Road, the site of the Aug. 10 blast, Malfara's bungalow emerged more or less unscathed. His mind did not. Now, he said yesterday, he is beset by "big stress," so uneasy mentally he feels "not physically exactly right." When he looks at the backyard garden he is still afraid to touch. When he is sitting inside and a truck rumbles by, he flinches. "Any noise that we feel outside," Malfara said, "We're scared. Any noise."

Yesterday, boards covered the windows of most of the houses on Murray Road and many of those within a block of it. Though many residents of the Downsview neighbourhood evacuated after the blast have been forced to seek assessments from their insurance companies, and though many have had to replace windows and doors, most of their lives appear to have returned to normal.

For Malfara and others, however, the mental anguish has lingered. Hundreds of people in the largely Italian neighbourhood are senior citizens. For some, the explosion evoked memories of World War II. TORSTAR NEWS SERVICE

AARON HARRIS/TORSTAR NEWS SERVICE

Workers cover a classroom with plastic sheets in preparation for repairs at Downsview Secondary School yesterday. The school was damaged in the propane depot blast.

Crime

Man in custody after stabbings

ATTACKS A man is in custody after two random attacks occurred in broad daylight yesterday off Eglinton Avenue West. The first attack happened just outside the Orchard View Boulevard branch of the Toronto Public Library near Eglinton and Yonge Street around 1:45 p.m. The second occurred about 45 minutes later near Eglinton Avenue West and Old Park Road. The victims of the attacks were stabbed in the back by a man whom police describe as "emotionally challenged." TORSTAR NEWS SERVICE

Fears turn fun at CNE

The most-cited fears at the CNE are rides breaking down, children getting lost and the Food Building. But because it seemed cruel to ask people to confront those fears, we found some brave souls willing to tackle others.

HEIGHTS: About halfway up the Mega Drop, Eric Spurrell lets out a yelp. "Awwgaahh!" He's a husky guy, 41, and afraid of heights.

Spurrell sits at the very top of the Mega Drop with his wife Kelly, nearly 40 metres in the air above ground. They plummet to the ground in less than two seconds.

"A sudden burst of fear and then it's over. I screamed like a girl."
Eric Spurrell on CNE's Mega Drop

"Holy crap," Spurrell says as he stumbles off the ride. "A sudden burst of fear and then it's over. I screamed like a girl."

CLOWNS: Gobi Gunaranajan, 11, says he's been afraid of clowns since Heath Ledger's Joker gave him nightmares. So we take him to meet kind-hearted Doo Doo, who shouts, "Gobi! That's my dad's name, I missed you!"

Little Gobi melts into his arms.

COASTERS: Bonnie Boudreau is afraid of roller-coasters. "I just feel like I'm going to fall out," she says. And, "I'm terrified I'm going to throw up on someone."

Strapped into the Crazy Mouse, there are several "oh my God's," but no vomiting.

At the end, Bonnie is winded. "That got my courage up a bit," she says. TORSTAR NEWS SERVICE

Plea from missing man's kin

Citizenship and Immigration Canada is working to facilitate the travel plans of the family of a young man missing and presumed dead following a massive explosion at a propane facility in North York.

"We have been in contact with the family, we are very sensitive to their situation and are taking the appropriate steps to resolve the situation," said spokesperson Madona Mokbel. "We do expect to have a positive resolution very soon."

The family of Parminder Singh Saini, an employee of Sunrise Propane who was on night duty Aug. 10 when the massive explosion forced the evacuation of thousands, has been trying to make arrangements to come to Canada to search for more information.

Yesterday, Saini's father, Rajinder Singh Saini, sent an e-mail to the Toronto Star pleading for assistance after the visa applications of his wife Sukhchain Kaur and son Vikramjit Singh Saini were denied by the local visa office. TORSTAR NEWS SERVICE

News in brief

SHOOTING An 18-year-old Brampton man is in hospital with a gunshot wound to the leg after a shooting at a Mississauga mall. Police arrived at Westwood Mall on Goreway Drive around 12:30 p.m. to find the 18-year-old suffering from non-life-threatening injuries. The suspect is described as a black man, about 6-foot-4 wearing a white and blue skull cap. Anyone with information is asked to contact Peel police at 905-453-2121 or Crime Stoppers at 1-800-222-TIPS (8477). TORSTAR NEWS SERVICE

Eight years for home invasion

The only suspect arrested after an armed home invasion in Markham in May 2007 has been sentenced to eight years in prison. Yang Yang, 23, pleaded guilty earlier this month to robbery and forcible confinement charges. TORSTAR NEWS SERVICE

Hybrid buses on agenda

InTransit

Ed Drass

transit@eddrass.com

Tomorrow, the TTC plans to buy another batch of hybrid buses — a relatively new technology that has become a cornerstone of the transit commission's environmental strategy. But before commissioners agree to purchase up to 120 of these combined battery-diesel vehicles, they may wish to determine how the last lot fared.

Some transit drivers have told me there is a noticeable reliability problem with the TTC's newest buses, hinting this is above and beyond the "teething pains" usually associated with the first version of any product. Based on the data I've been given so far, I can't see a serious problem.

TTC officials inform me that as summer holidays end 1,413 buses will be required on weekdays starting next week and "it is expected that this number of buses would be available for service." I'll follow up to make sure.

As of yesterday, officials were unable to provide precise details on the failure rate of vehicles in the transit agency's fleet. However, this information should be available when the TTC board votes on buying more hybrids tomorrow.

We need to know the technology is mature and can stand up well — the agency had a bad experience with natural gas buses that were touted as an environmentally-sound replacement for electric trolleys in the 1990s.

Asked whether there are any serious problems with the TTC's Orion hybrid buses, Daimler Buses North America spokesperson Bryan Allen tells me the most recent order for Toronto is on schedule and previously reported issues with lead-acid batteries are not interfering with delivery.

Even with funding from senior levels of government, transit agencies are often pressured to adopt new technology — and can get stuck with vehicles that are unreliable and costly to repair.

Widely respected former TTC chief general manager David Gunn warns of the danger in overruling transit managers: "Whenever you get the politicians dictating the technology, and trying to force it, you have a big problem."

Considering tomorrow's TTC meeting will also deal with a huge streetcar purchase, we ought to be sure Toronto has the best vehicles possible.

Reliable transit service is the aim and other agendas don't have to override this — even genuine concern for the environment.

Ed Drass has a degree in urban studies from York University and regularly rides transit in the GTA.

Big demand in autumn

- In September, the TTC will need 1,413 buses on weekdays for 138 bus routes measuring more than 7,000 km. All-day and late night service are to be added to many lines later this year.

Judge dismisses Taser charges

POLICE All charges against three Halton Police officers who Tasered an elderly knife-wielding man were dismissed yesterday in a surprising courtroom development.

Prosecutor Anthony Leitch told Justice Irving Andre he saw no prospect of a conviction and asked for the dismissal, which Andre granted. The officers' trial was starting its second week.

Leitch had completed a day-long cross-examination of Const. Matthew Kohler, the tactical unit team leader who ordered that Gerry Morgan, 79, be Tasered in his Oakville condo on Nov. 25, 2006. Moments earlier, police had shot Morgan with a rubber bullet that failed to stop him.

TORSTAR NEWS SERVICE

Nanny launches caregiver campaign

Juana Tejada, a Filipina nanny with terminal cancer who celebrated becoming a permanent resident yesterday, wants to make her dream of security in Canada a reality for other live-in caregivers.

A campaign led by unions and immigrant support groups is proposing a "Juana Tejada Law" — an amendment to the Immigration and Refugee Protection Act that would help guarantee the rights of medically inadmissible but otherwise qualified foreign caregivers living in Canada.

"It's an honour for me," said Tejada, 38, who is facing terminal colon cancer. "I really don't want other caregivers to go through my situation because it's been very tough."

Tejada had her immigration application denied twice because, though healthy when she arrived, she developed cancer while working in Canada and was now deemed a burden on the health-care system. But after strong public support, she was recently cleared to apply for permanent residency.

TORSTAR NEWS SERVICE FILE PHOTO

Juana Tejada with her husband Noli Azada.

"I dream of a society that gives value and concern to its people who create its wealth," sang the band at yesterday's celebration and launch of the amendment campaign.

The campaign has the support of Migrante-Ontario, the Independent Workers Association and United Steelworkers, among others. Some politicians are already backing it.

"(We) feel very strongly that if you are good enough to work in Canada, you are good enough to apply for landed immigration," Parkdale-High Park MP Peggy Nash said yesterday. TORSTAR NEWS SERVICE

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Eglinton Square Shopping Centre
Fairview Mall
Gerrard Square
Royal Bank Plaza
Toronto Eaton Centre
Woodbine Centre
Yorkdale Mall
York Lanes (York University)
2187 Queen St. E (The Beach)
2501 Yonge St. (at Castlefield)
155 - 720 King St. W
464 Danforth Ave.
199 Bay St. (Commerce Court)
130 King St. W
363 Front St. W (City Place)
5015 Yonge St.
5 - 500 Church St.
3 - 2610 Weston Rd.
1006 St. Clair Ave. W
25 Davenport Rd.

WEST

Burlington Mall
Mapleview Mall
Milton Crossroads Centre

Brampton
Bramalea City Centre
Shoppers World
60 Great Lakes Dr.
(inside Home Depot)
2880 Queen St. E
(Hwy. 7 & Airport Rd.)
10 - 80 Pertosa Dr.

Mississauga
Dixie Outlet Mall
Erin Mills Town Centre
Heartland Town Centre
Square One
Winston Churchill & 401
Woodchester Plaza
6535B Mississauga Rd.
G16 - 3024 Hurontario St.
1A - 1370 Dundas St. E
9 - 34 Bristol Rd. E
2 - 4920 Tomken Rd.
101 - 6200 Dixie Rd.

Oakville
Oakville Place
RioCan Burloak
299 Lakeshore Rd. E
18 - 2501 Third Line
D3 - 2335 Trafalgar Rd.
760 Pacific Rd.

NORTH

Maple
3 - 10019 Keele St.

Markham
Georgian Mall
Markville Shopping Centre
Pacific Mall
Upper Canada Mall
21 - 95 Royal Crest Crt.

Richmond Hill
Hillcrest Shopping Centre
4 - 11005 Yonge St.
6 - 25 West Beaver Creek Rd.
9301 Bathurst St.

Thornhill
Promenade Mall
7171 Yonge St.
8117 Yonge St.

Vaughan
Vaughan Mills Outlet Mall
3 - 4000 Hwy. 7

Woodbridge
A7 - 4220 Steeles Ave. W

EAST

Ajax
RioCan Durham

Oshawa
Harmony Plaza
Oshawa Centre
27 - 1414 King St. E

Whitby
Brock & Taunton Power Centre

*Offer only available to new activations before September 30, 2008, on a 2 or 3 year service agreement for clients with a valid student ID card. Clients must activate in-store or through TELUS Client Care to be eligible for this offer. Online activation is not available. Taxes, long distance, additional airtime, roaming, pay-per-use charges, monthly system access fee ($6.95) and monthly enhanced 911 emergency service charges ($0.75/month plus applicable provincial fees) are extra. Rates are subject to change without notice. Visit telusmobility.com to confirm our latest offers. †Client's ten numbers must be Canadian domestic numbers and must not include toll-free or 900 numbers. Nationwide talk and text refers to local and Canadian long distance calls made to or received from your mobile phone, and subject to additional roaming, and/or international charges. Text messages can only be sent and received from other mobile phones and subject to roaming and international charges. Client may change the ten numbers once per billing cycle by visiting mytelusmobility.com. An additional 10¢ charge will apply for each text message or attachment sent outside of Canada and the U.S. Premium messages are not included. ‡Unlimited Web browsing applies to PCS phones only and applies to usage within the phone's Web browser. Tethered usage is not included. Downloads and application fees are charged separately where applicable. Web browsing is only available on digital phones in TELUS digital service areas. **Offer available to new activations only on a 3 year service agreement. ††Offer available until September 30, 2008. Applies to new activations with Bundle 15, 20 or 25 for a minimum of 3 months on a 3 year service agreement. © 2008 TELUS.

Alberta expected to have another huge budget surplus

Alberta's budget surplus will be larger than expected again this year, but a government spokesman is warning that falling energy prices will limit the windfall. A report released in June by CIBC World Markets projected the surplus would reach a record $12 billion in 2008-09. THE CANADIAN PRESS

Canada

80% satisfied with Olympics

Canadians were overwhelmingly satisfied with their athletes' performance at the Summer Olympics in Beijing, a new poll suggests. A Canadian Press Harris-Decima survey found respondents who were happy with the team's showing outnumbered the disgruntled by an eight-to-one margin. Almost 80 per cent of respondents said they were either very satisfied or satisfied with the Canadian showing. THE CANADIAN PRESS

Ottawa **Tories won't reopen abortion debate**

SEAN KILPATRICK/THE CANADIAN PRESS

Minister of Justice and Attorney General of Canada Rob Nicholson attends a news conference in Ottawa yesterday. Nicholson says his Conservative government will not reopen the abortion debate, but it will penalize offenders who endanger the lives of pregnant women.

GTA gets $529M for infrastructure

Ontario municipalities are getting $1.1 billion — $529 million of it in the GTA — to help pay for badly needed infrastructure projects thanks to last year's provincial budget surplus.

That's the good news. Here's the bad: With an estimated $50-billion backlog in municipal infrastructure projects, one-time funding of $1.1 billion isn't enough. And within minutes of announcing the infrastructure money, Premier Dalton McGuinty severely dampened expectations for the upcoming provincial-municipal fiscal review — the real key, according to Toronto Mayor David Miller and others, to curbing skyrocketing property tax increases and improving services in cities and towns.

Budget surplus

- Yesterday's big money announcement was triggered by the release of the public accounts, which showed a $1.7-billion surplus for the 2007-08 fiscal year, when the economy was still doing well.

But yesterday, mayors struggling with crumbling roads and bridges and outdated water pipes and community centres were just happy to get some help and welcomed the announcement.

"This money will help you meet your infrastructure priorities, it will strengthen the Ontario economy and it will create up to 11,000 jobs," McGuinty told officials gathered in Ottawa for the Association of Municipalities of Ontario (AMO) annual conference yesterday.

Toronto says the $238 million it gets will reduce the amount the city has to borrow to pay for its capital needs, including new buses and subway cars.

"It's a wonderful surprise," said Mississauga Mayor Hazel McCallion, whose city gets $25 million in addition to the benefits it may get from Peel Region's $67 million.

York Region, which gets $53 million, was pleased with the money, too, but hopes to be able to use it to leverage even more. "We have too many priority projects. There is much more to be done," York Region chair Bill Fisch said.

TORSTAR NEWS SERVICE

News in brief

VOTE A federal election looms ever closer after Liberal Leader Stéphane Dion told Prime Minister Stephen Harper he's too busy to meet for two weeks, a delay a government official said could be the trigger for a vote. The Conservatives painted the delay as opposition foot-dragging.

BERNIER Opposition members of the Commons public safety committee used their majority yesterday to pass a rare motion asking the House of Commons to compel Maxime Bernier to testify about the embarrassing affair that forced his resignation as foreign affairs minister last May. TORSTAR NEWS SERVICE

High schoolers to get a lesson on organ donation

COURSE At 16, an age when you think you'll live forever, thousands of Ontario students will be forced to think about death through a powerful course on the ethics, science and aching drama of organ donation.

In a bid to spread awareness of Ontario's organ donor crisis Queen's Park has helped fund a poignant yet surprisingly breezy course to be tested this fall in 240 schools, the first such large-scale curriculum of its kind in Canada.

The touching lesson plans in the package "One Life … Many Gifts" are based on real Canadians who donated kidneys, hearts, lungs and livers and can be woven into any of seven Grades 11 and 12 subjects.

"To feel what it's like to have cystic fibrosis, I told my friend to breathe through a straw for 60 seconds," says freckled Brandon Gibson, 15, a double-lung transplant recipient, as part of a 25-minute DVD students will watch before they start the course work.

TORSTAR NEWS SERVICE

Torontonian regrets stopping on American soil

DETENTION In hindsight, it wasn't the best move to stop on Yankee soil and empty out a waterlogged Jet Ski, admitted Jason Haist, who spent two days locked in an American detention facility after washing up on the wrong side of the Niagara River. But what choice did he have?

His cousin Edward's Sea-Doo had flipped over in the turbulent river and had taken on water. They hauled the craft over to the American side and spent "two seconds" emptying it with cups, he said.

> **"A simple day of Sea-Dooing, just a regular guy, turned into 'we're inmates.'"**
> Jason Haist

"We were at the bottom of a 15-storey hill; you could not climb up there if you tried. We weren't even docked," said Haist. "And we really weren't sure what side we were on."

That stop landed the 28-year-old and his cousin, 21, in jail, said A.J. Price, an agent with U.S. Customs and Border Protection.

"It's been pandemonium. It's been so crazy. A simple day of Sea-Dooing, just a regular guy, turned into 'we're inmates,'" said Haist. TORSTAR NEWS SERVICE

Airfares

HALIFAX $99
Travel Sep 23-Sep 30/wg — + taxes & fees $179

Las Vegas	Travel Sep 23-Sep 30/ws	**$178** + taxes & fees $198
Montego Bay	Travel Aug 29-Sep 5/wg	**$195** + taxes & fees $316
London	Travel Sep 29-Oct 3/ts	**$199** + taxes & fees $448
Paris	Travel Oct 21-Oct 29/ts	**$249** + taxes & fees $395
Tokyo	Travel Oct 15-Oct 22/ac	**$698** + taxes & fees $509

All-inclusive Holidays

Puerto Plata — $297
Celuisma Paraiso Tropical — + taxes & fees $369
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Mayan Riviera — $548
Ocean Turquesa — + taxes & fees $327
INCLUDES roundtrip airfare, hotel transfers and 7 nights 4.5-star all-inclusive accommodation. Departs Aug 29/vat/ts.

Aruba — $1047
Holiday Inn Sunspree — + taxes & fees $290
INCLUDES roundtrip airfare, hotel transfers and 7 nights 4-star all-inclusive accommodation. Departs Sep 28/sqv/5g. **UPGRADE** to the 5-star Riu Palace Aruba for $80 per night.

Canada & USA Holidays

NEW YORK $689
Holiday Inn Midtown — + taxes & fees $90
INCLUDES roundtrip airfare, hotel transfers and 3 nights accommodation. Departs Oct 17/inf/la. **ADD** a New York dinner cruise for $99.

Rocky Mountain Fly & Drive — $399
+ taxes & fees $176
INCLUDES roundtrip airfare to Calgary and a 7-day car rental to explore the Rocky Mountains at your own pace. Departs Sep 23/inf/wg. **ADD** an evening wildlife safari in Banff from $42.

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Roam Egypt — + local payment USD $250
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BEAUTY *at the Bay*

Five prisoners at large after escape

Five prisoners described as dangerous and possibly armed were at large yesterday after escaping from the Regina Correctional Centre. Police said six prisoners escaped around 10 p.m. Sunday, but one was apprehended shortly before midnight. THE CANADIAN PRESS

News in brief

AIRLINE The decision by Jazz airlines to remove life vests from its fleet of planes has been called "asinine" by an East Coast MP, who has asked the federal government to force the carrier to reinstate the vests. The carrier recently removed life vests from its planes to reduce fuel burn and save money.

SOMALIA Somalia's government has confirmed the kidnapping of Canadian freelance journalist Amanda Lindhout and her Australian colleague Nigel Brennan, who went missing on Sunday.

METRO NEWS SERVICES

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Anti-gang funding works: Day

Public Safety Minister Stockwell Day says federal government funding for street-gang prevention has had a positive effect in Montreal.

"We have increased the funding across the board when it comes to supporting police across the country," Day told The Canadian Press yesterday in a phone interview.

"We're always looking at what more needs to be done."

Day was in Montreal yesterday for the Canadian Association of Chiefs of Police Conference.

Earlier this year, the federal government announced $92 million in funding over five years for street-gang prevention in Quebec.

On Sunday, Day joined anti-gang officers on a tour of a north-end Montreal neighbourhood that erupted into a riot earlier this month after police shot and killed 18-year-old Fredy Villanueva.

He said the increased police presence was having an obvious impact in reducing gang activity.

"I could see already that … their presence is already recognized, they're having an effect," Day said.

It is "causing street gangs to be less aggressive and more restrained in their activities."

Montreal police believe there are about 20 gangs operating in the city with between 400 and 500 core members.

THE CANADIAN PRESS

Canadian politicians look to learn from U.S. conventions

ELECTION With elections looming on both sides of the Canada-U.S. border, Canadian politicians, lobbyists and business people have descended on the Mile High city to watch, schmooze, and gather intelligence.

The Conservatives have sent three senior ministers, Ambassador Michael Wilson, an MP and consular staff. The Liberals sent their party president, a senator, and foreign affairs critic Bob Rae. NDP Leader Jack Layton will attend. At least three provincial governments sent representatives, and Canadian "big oil" interests are here. Many will go on to the Republican convention next week, too.

It is a political junkies' adrenaline high. They all admit it.

The official line from everyone is this is a "golden opportunity" — as Layton said — to exchange views, not to pick up political lessons or pointers. But Conservative House leader Peter Van Loan is more frank.

"You always are" drawing tactical lessons and strategies, Van Loan said.

"The Americans are leaders at political communications and political campaigns."

TORSTAR NEWS SERVICE

Bust Counterfeit goods seized

ROBIN KUNISKI/FOR METRO CANADA

Sharon Franks of the RCMP shows off the counterfeit designer products seized in a bust at a Calgary business. More than 7,000 counterfeit luxury goods, valued at about $5 million, were seized by the RCMP and the Canada Border Service Agency.

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TICO

Kennedy speaks at convention
An ailing Senator Edward Kennedy made an emotional appearance at the Democratic National Convention last night, surprisingly defiant in the face of illness. THE CANADIAN PRESS

9

World

Family values at fore

Michelle Obama cast herself and husband Barack as people guided by bedrock American values and a desire to improve the world for their two daughters and all children in her address last night to the Democratic National Convention.

She was slotted as the showcase speaker on Day 1 of the convention, and her mission was to help voters get to know the Democratic nominee as a husband and father, as someone who understands the problems that families face every day.

"We want our children — and all children in this nation — to know that the only limit to the height of your achievements is the reach of your dreams and your willingness to work for them," she said in excerpts released in advance of her appearance.

Obama said she and her husband were raised with the values shared by many Americans: "That you work hard for what you want in life; that your word is your bond and you do what you say you're going to do; that you treat people with dignity and respect, even if you don't know them, and even if you don't agree with them."

"Barack and I set out to build lives guided by these values, and pass them on to the next generation," she said.

Voters know the public Barack Obama, the guy on magazine covers and nightly newscasts. His wife hoped to reassure voters that her husband is a lot like they are, despite all the attention given to his African father, his over-the-top minister and his exotic name.

And in an age when candidates' spouses face scrutiny, too, Obama also hoped to send the message that she is a true believer in American values. The Obama campaign said Michelle Obama's life adds up to "a great American story: Modest means but big dreams — and encouragement from loving parents." THE ASSOCIATED PRESS

JOHN MOORE/GETTY IMAGES

Michelle Obama, wife of presumptive Democratic nominee U.S. Senator Barack Obama, waves to the crowd last night during Day 1 of the Democratic National Convention in Denver.

Democrats strike deal

DENVER Hillary Clinton and Barack Obama worked out a convention city deal to limit the divisive roll call for president yesterday, a step toward an uneasy alliance of former rivals and their still-bitter supporters.

Many Clinton backers said yesterday they were not interested in compromise and wanted a prime-time celebration of Clinton's nomination fight. Clinton herself said she wouldn't tell her backers how to vote.

Officials said the deal would let a few states cast votes for Clinton before a move to declare Obama the nominee by acclamation.

Still, she told supporters she would cast her own vote for Obama.

THE ASSOCIATED PRESS

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Bodies of eight climbers found

The remains of eight mountaineers reported missing after an avalanche near France's Mont Blanc Sunday have been located buried under about 50 metres of snow and ice. Rescue crews say the climbers likely fell into a crevasse during the avalanche. THE ASSOCIATED PRESS

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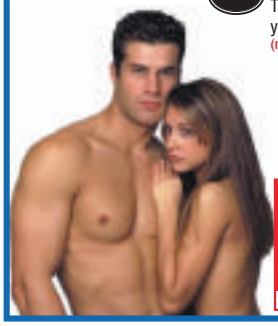

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West urges Russia not to recognize separation

Russian legislators urged the Kremlin yesterday to recognize independence of two separatist Georgian regions, heightening tensions with Georgia.

Russian President Dmitry Medvedev did not immediately respond to the unanimous votes in both houses of Russia's parliament, but he has said Moscow would support the decisions of the people of Abkhazia and South Ossetia on their future status.

Western nations warned Moscow that recognizing the breakaway regions of Georgia, an allied country pressing for NATO membership, would prompt international denunciation.

U.S. President George W. Bush put out a statement saying Russia should "not recognize these separatist regions." He said Georgia's borders deserve the same respect as any country's — including Russia's.

But Medvedev signalled the criticism was of little concern to the Kremlin, and that it would be "nothing frightening" if the western alliance were to sever all ties to Russia.

"We don't need an illusion of partnership, when they surround us by bases from all sides, they drag more and more states into the North Atlantic bloc and they tell us, 'Don't worry, everything's fine' — of course we don't like that," Medvedev said.

THE ASSOCIATED PRESS

Crime **Kidnappings increasing**

EDUARDO VERDUGO/ASSOCIATED PRESS

Silvia Escalera stands before a photo of her daughter, Silvia Vargas, 18, who was kidnapped in September 2007 in Mexico. Kidnappings have risen 9.1 per cent in 2008, averaging 65 per month, according to Mexico's Attorney General's office.

News in brief

BAGHDAD Iraqi Prime Minister Nouri al-Maliki said yesterday there can be no security agreement on the future of U.S. troops in Iraq unless there is a "specific deadline" for withdrawal. Iraq is insisting on 2011 as the target date.

PAKISTAN Former prime minister Nawaz Sharif is withdrawing his party from Pakistan's governing coalition. Sharif said yesterday that he is pulling out of the five-month-old alliance because it has failed to restore judges ousted by ex-president Pervez Musharraf. The move will likely increase the power of the Pakistan People's party, which aims to maintain close ties with the United States.

NEW YORK The widow of a man killed in a 2003 Staten Island ferry crash has settled a claim against New York City for $8.7 million. John Healy was killed when a ferry helmed by a captain on heavy painkillers plowed into a dock at full speed. THE ASSOCIATED PRESS

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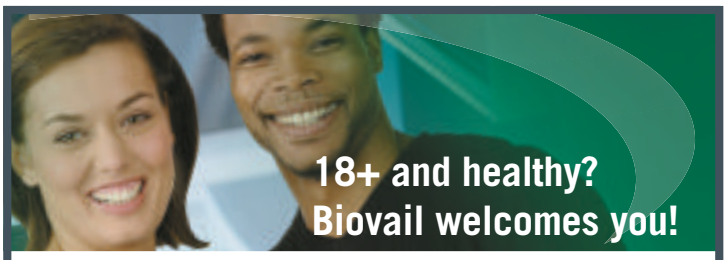

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U.S. Postal Service could lose $2B U.S. this year

The U.S. postmaster general says the USPS is facing tough economic times, attributing an expected $2-billion US loss to high gas prices. The service will work to control costs and increase business through more advertising mail. THE ASSOCIATED PRESS

Business

DOLLAR		OIL	
0.21¢	C$ $95.16 US US$ $1.0509	$115.11 US	$0.52

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

Business in brief

HOLLYWOOD Metro-Goldwyn-Mayer Studios Inc. says it's "not for sale" despite a report that owners were looking to sell the company for $5.2 billion.

AMBULANCE Air ambulance service company Ornge says it purchased 10 new AgustaWestland choppers to replace its Sikorsky fleet.

HANOI Vietnam's inflation rate reached its highest levels in 17 years, hitting 28.3 per cent in August as the trade gap widens. METRO NEWS SERVICES

Do you suffer from psoriasis?

Allied Research International is seeking people with psoriasis to participate in a clinical research study testing an investigational medication for the treatment of psoriasis.

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APOTEX
ADVANCING GENERICS

U.S. housing slump **Some relief**

MARY ANN CHASTAIN/THE ASSOCIATED PRESS

Sales of existing U.S. homes rose 3.1 per cent in July, above Wall Street expectations, as buyers snapped up deeply discounted properties in areas hit hardest by the housing crisis. But it's not a sign the slump is over — the number of unsold properties, 4.67 million, hit an all-time high.

Meat recall costs to top $20M: Maple Leaf

Maple Leaf Foods Inc. said the cost of restoring consumers' confidence in its brands could exceed its initial $20-million estimate, as shares in the company plunged 21 per cent since the first recall a week ago.

Chief financial officer Michael Vels said that estimate doesn't include future lost sales or increased spending on ads to lure customers back to its products in the wake of a nationwide listeriosis outbreak.

"Damage control and financial minimization ... has not even been considered."
Michael Vels, CFO

Vels also indicated the company is prepared to spend whatever it takes to restore its name, but gave no estimate. The $20 million earmarked is to cover customer reimbursements and plant sanitization.

"Damage control and financial minimization at a time like this has not even been considered," Vels said yesterday. "As an investor, that may not be what you want to hear, but 100 per cent of our focus over the weekend has been to identify to our customers the roughly 220 products we're recalling." TORSTAR NEWS SERVICE

Food prices to remain high despite record wheat crop

TORONTO The Canadian Wheat Board is predicting a record wheat crop worldwide this year, but warning prices will remain high.

Statistics Canada and the Canadian Wheat Board have estimated Canada's wheat crop this year at about 22 million tonnes, up from 18.4 million tonnes last year.

Canadian Wheat Board official Bruce Burnett says while there won't be supply issues, heavy rain in Ontario and further east has lowered wheat quality.

The higher quality wheats, used to make bread and pasta, are also in short supply and, as a result, prices for them are likely to remain high. THE CANADIAN PRESS

Radio ad revenue up over new tech

OTTAWA Statistics Canada says traditional radio is prospering in spite of new technologies such as satellite radio, online radio and portable digital players.

Advertising revenue among radio broadcasters rose six per cent to $1.5 billion in 2007, likely due to greater concentration of ownership, which helped radio withstand competition. THE CANADIAN PRESS

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Your Money

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Tie pup's purse strings

SmartCookies

Our beloved (and slightly anxiety ridden) Smart Cookie mascot, Lucy, is one pampered pooch. We'll admit that before becoming a Smart Cookie dog, she was decked out in designer collars, sleeping in the most luxurious doggie beds and cuddling with a new squeak toy weekly.

Now that she is representing Smart Cookie dogs everywhere, we had to reign in the leash on our spending. Here are our favourite tips for dog lovers:

Don't cheap out on your dog's food.

What your dog eats is important to their overall health. If you are a follower of the raw food movement, rather then buying gourmet pre-packaged meat and vegetables, head to the local market for your veggies and to the butcher for your raw meat. And while you're at the butcher ask for a free shin bone for your dog — you'll save yourself at least $10 by not having to buy it at your local pet store.

Doggie day care/dog walkers can add up.

Lucy used to have a dog walker five days a week at $20 a day. Now we switch off walks with a friend we met at the day care — he gets off early twice a week and walks both dogs and we do the same, saving us $80. If you do take your dog to doggy day care or hire a dog walker, ask about packages and referral incentives. Often it is cheaper to buy a package instead of individual visits and if you refer someone you might get a few free walks.

Save on toys.

Pet stores can charge up to $15 for stuffed toys for dogs. And generally the toy is missing an eye within the first hour. Instead, buy your toys from a thrift store for 50 cents and less. After a good wash, they are as good as new.

You wouldn't go without health care, so why would your dog?

Pet insurance can save you thousands over the years. For less than $35 a month, you can purchase a policy that covers everything from diagnostic testing, accidents and illness. Our favourite is Vet Insurance (vetinsurance.com) because of its low deductibles (10 per cent of the total bill) and its high lifetime coverage of $20,000. To take full advantage of the low monthly cost, make sure to sign up your dog before their first birthday.

Don't buy, adopt.

If you are in the market for a new pooch, consider adopting your pal from the SPCA. You will save yourself hundreds upfront and in some cases may even be eligible for a charity tax receipt. If you have your heart set on a particular breed, try researching rescue agencies. From boxers to beagles, most breeds have a rescue group specific to them.

If you have questions or comments for the Smart Cookies, please e-mail *smartcookies@metronews.ca*.

Tune in Wednesday night at 9 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

Investing

Allan Small

The Tax Free Savings Account is ideal for all investors. Find out why from this week's column at metronews.ca

Getting cash out of bricks

MoneyMatters

Henry Choo Chong

choochonghcga@yahoo.ca

Q My parents are seniors and would like to help my brother with a down payment for a house. A financial institution proposed a loan that has zero interest and principal monthly payments. Will this affect their pension and are there any other disadvantages? Bernie

A No. This will not affect their Old Age Security or Supplement, nor is it taxable. Reverse mortgages have become increasingly popular in Canada that allows senior homeowners to access some of the equity in their home. Available to homeowners over the age of 60, it allows house-rich seniors to access equity in their homes for whatever they like.

The biggest player in this market is CHIP Home Income Plan. CHIP will loan seniors up to 40 per cent of the market value of their home and requires no monthly payments.

The loan plus interest is due only when the house is sold or you move. This can be appealing to some seniors who don't want increased monthly payments, but want to take some cash out of their bricks.

Please find the full column for more details on reverse mortgages at metronews.ca.

Henry Choo Chong, CGA, provides professional accounting and taxation solutions: choochonghcga@yahoo.ca.

Before you sign any contract

Shop around! Understand exactly what each company is offering. The more you know, the more you can negotiate. Compare price, guarantee/warranty, duration of contract and any terms or conditions that are important to you. NEWS CANADA

Student ¢ents

Cash cow

Ottawa financial adviser Robert Abboud says the federal government has recouped more than $300 million in GST and T1 income tax credits since 2002 from loan defaults.

Spend student money wisely

BRIAN TOWIE
brian.towie@metronews.ca

You're on your way to school and you've finally got that student loan you applied for so long ago. But be careful, the generosity shown to you now can lead to financial perdition years down the road.

The experts agree that you should remember one thing as you dispense of that gargantuan sum: You borrowed it. That money isn't yours and if you must use it, do so wisely and sparingly. Ottawa-based financial adviser Robert Abboud says, for the most part, post-secondary students don't waste cash set aside for school, but some planning and hard work will go a long way to sinking the potential battleship of debt you'll face after you graduate.

"For the most part, students are not frivolous. They know that money earmarked for school is for school and if they run out, they run out," he said. "Determine what you need on an annual basis: Budget for tuition and books first, then living expenses. Then determine how long your loan will last. If it's only a year, you'll need more. Never spend over your budget and don't spend it on the fun stuff."

The experts can't stress this enough. A Millennium Scholarship Foundation report said the average Canadian student debt load as of 2006 was more than $24,000. Another report published in June by the Office of the Superintendent of Financial Institutions (OSFI) expects college and university tuitions to triple within the next 25 years.

Interest rates are making loans harder to pay back every year and lenders are reaping the rewards at staggeringly exponential rates.

One such example is the Canada Student Loan program. Ottawa plans to collect $549.5 million in interest revenue in the 2009-10 fiscal year and collected $483 million and $315 million in 2007-08 and 2005-06, respectively, according to Julian Benedict of the Coalition for Student Loan Fairness, a B.C.-based group advocating significant changes in student loan policies.

Through access to information requests, Benedict claimed he discovered Ottawa borrowed money marked for student loans from the Bank of Canada at a rate of 4.5 per cent on average from 2005-07, but loaned it out at nearly twice the rate.

"For the most part, students are not frivolous."
Robert Abboud

Charging well over prime interest rates, Benedict says federal student loan programs only serve to fill the feds' coffers and put unaware low-, middle- (and sometimes no) income students in debt for years to come. And it's too lucrative a moneymaker for them to reform.

"The government has become reliant on the money it gets from those high interest rates to subsidize an inefficient system. It's not a social program, it's ultimately regressive and it promotes gaps," he said.

"You can't pay off the interest rate as quickly as say, someone who becomes a doctor or a lawyer. Essentially, you get taxed for being poor. It puts low-income borrowers into a strait jacket of debt and every time they're limited by debt, they can't participate in the economy."

Unless you have a significant RESP (Registered Education Savings Plan) or wealthy sources in your corner, chances are you'll have to bite the borrower's bullet. You can, however, minimize the impact of your debt. Bursaries and grants can assist greatly and try to get as much help from your parents as they can afford. Find a part-time job and use part of what you earn to pay down what you owe as you go. The more you whittle down your tuition, the less interest your principal will generate.

"You want it? Get off your butt and work," notes Abboud. "If there's a store or a mall or something around your school, try and find a job there, because what you borrow will really weigh you down for years to come."

What will it cost?

Being a university student can be both exciting and very different from anything you may have experienced in high school. Unlike the quaint community confines of high school, college can be a big endeavour with a big price tag. According to the Ministry of Training, Colleges and Universities, tuition for college and university can be quite costly; for example, fees in Ontario on average for a two-term college general program are about $1,900 and fees for general universities are about $4,200.

Books and supplies

You should expect to spend about $1,000 per year for books and school supplies. If you are entering a specialized course such as dentistry, medicine, or architecture, you can expect a much higher cost.

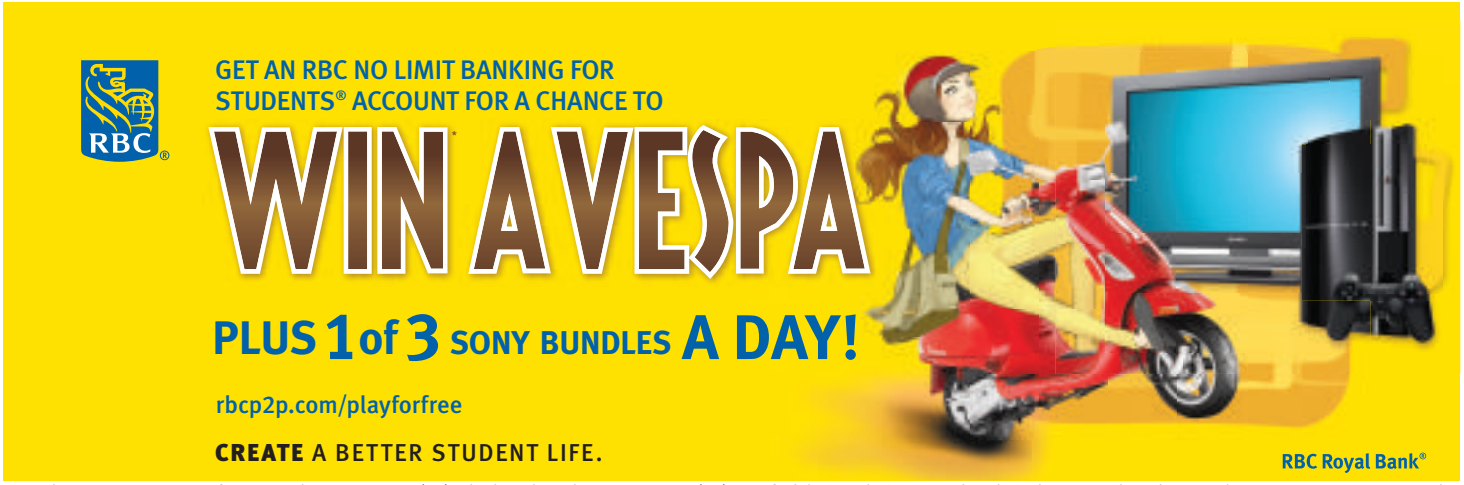
Living costs

If you decide to live on campus, many decisions will still have to be made in terms of accommodation and food. If you decide to go with full accommodation from the school, you can expect to pay anywhere from $4,500 to $6,000.

Transportation

Will you live within walking distance of your college or university? If not, expect to add $100 per month to your budget for public transportation.

NEWS CANADA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Bell having a laptop just got better

NFL
The New York Giants moved Mathias Kiwanuka back to defensive end to replace the injured Osi Umenyiora yesterday, a decision that decreases the chances of the Super Bowl champions needing to make a push to get Michael Strahan out of retirement. THE ASSOCIATED PRESS

Sports

Brady expects to play

Tom Brady, left, says he'll be ready for the New England Patriots opener even if a foot injury keeps him from taking a single snap in exhibition games. Last season's NFL MVP sat out the first three games and plans to tell coach Bill Belichick he's "feeling great" in hopes of playing in Thursday's final exhibition game at the New York Giants. The Associated Press

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Blue Jays deal away catcher Diaz

MLB The Blue Jays have dealt away their former "catcher of the future."

The Blue Jays sent Robinzon Diaz to the Pittsburgh Pirates, completing the trade for utilityman Jose Bautista.

Diaz

Bautista was acquired by Jays on Aug. 21 for a player yet to be named.

Diaz, who was with triple-A Syracuse, was once seen as the club's catcher of the future, but he became expendable with the development of well-regarded catching prospects J.P. Arencibia, who is in double-A, and Brian Jeroloman, who's in triple-A. THE CANADIAN PRESS

COC needs to get off nest egg

Expert questions why Olympic organization isn't spending $180M pot

YorkReport

Marty York

marty.york@metronews.ca

The Canadian Olympic Committee has more than $180 million in trust and should start using some of that money to subsidize our athletes, according to the most prominent private fundraiser in this country.

Jane Roos, who has in the past decade provided hundreds of thousands of dollars to our Olympians from donations to her www.canadianathletes-now.ca website, told Metro in an interview yesterday she knows "for a fact" the COC is keeping quiet about its bulky trust fund.

"Even though the COC constantly cries poor," Roos said, "they have plenty of money to give to our athletes. That's not common knowledge, but it's the truth."

Roos was irked yesterday by a Globe and Mail story in which COC chief Chris Rudge, reflecting on Canada's performance at the Beijing Olympics this month, was quoted as saying he is appealing to Prime Minister Stephen Harper for $30 million in order to make Canada more competitive at the next Summer Games, in 2012 at London.

Figures, not facts?

- The COC has declared that Canada successfully reached its goal of finishing in the top 16 nations in Beijing by tying for the 14th-highest medal total but prominent Canadian Olympic fundraiser Jane Roos argues that the authentic medal standings, which counts golds, placed Canada 19th. "The COC wants Canadian people to think we did better than we actually did," Roos said, "and that's just wrong."

"Rudge should get the money from the government, yes," Roos said, "but use some of the $180 million-plus the COC has in trust, too. What is that money put aside for? You can never get a straight answer from the COC. There's no accountability. There's no transparency within the system.

"But that money's there, for sure. Most of it came from Calgary (the 1988 Winter Olympics). So what's the COC doing with all of it? Why are our athletes not getting enough money to compete properly?"

Metro could not reach Rudge for answers yesterday — sources said he was unavailable because he was travelling — but Roos said she wonders why the COC needs five offices.

"They have offices in Calgary, Toronto, Montreal, Ottawa and Vancouver," Roos said. "What for? The U.S. Olympic committee has only one office. Does the COC need all the money it has to operate five offices or what? They just don't talk about it."

The COC does talk about the fact that, for the first time, it's rewarding Canadian medal winners with cash. The three gold medallists in Beijing will receive $20,000 each. The nine silver medallists get $15,000 and the six bronze medallists $10,000.

But Roos insists there's still plenty of cash left to fund Canadian athletes for Olympic Games in the future.

"Our athletes won medals in Beijing despite the terrible system we have," she said. "Canadians realize now more than ever that our athletes are underfunded. But the COC has to stop using smoke and mirrors all the time and must stop doing a disservice to our athletes. Canada deserves better."

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Argonauts drop axe on Steinauer

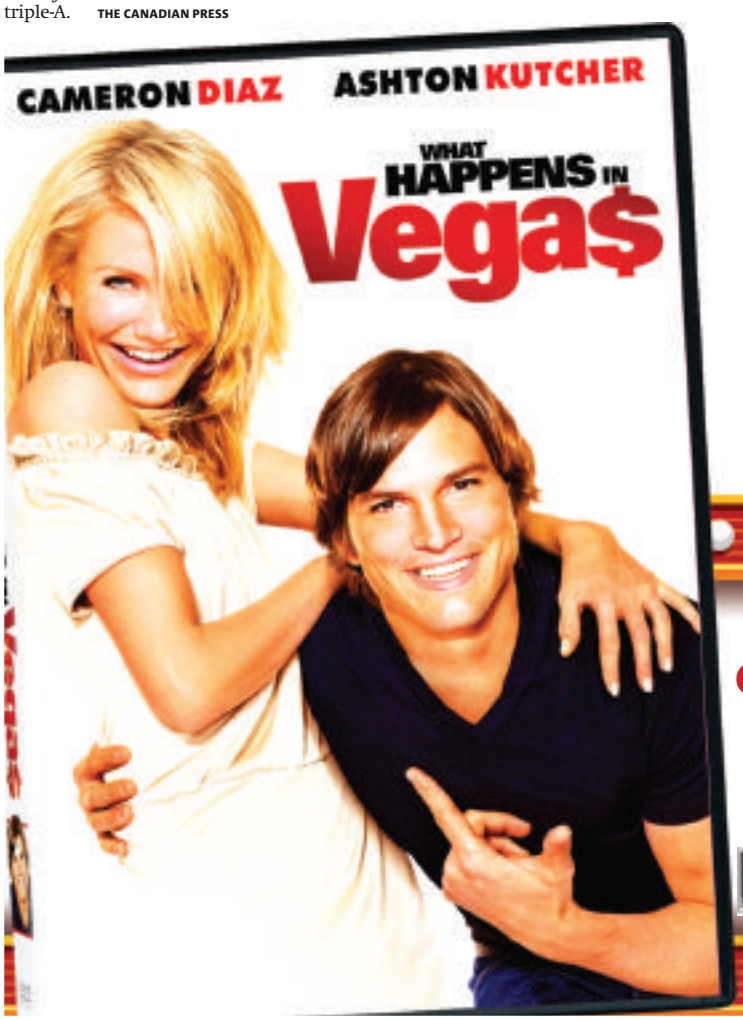
CFL The Argonauts dropped quite the bombshell yesterday, releasing veteran safety Orlondo Steinauer two days after trading quarterback Michael Bishop to the Saskatchewan Roughriders for a conditional draft pick.

Steinauer, 35, was a three-time CFL all-star and in his eighth season with Toronto. Last year, the defence was the league's best but the Argos (3-5) have struggled on both sides of the ball in 2008.

Steinauer

But it's unlikely Steinauer was released just because of his age. CFL players with six years of experience or more have their deals guaranteed for the remainder of the year after the ninth game of the year.

"Sometimes in football, you are faced with having to make difficult decisions involving good people," Argos GM Adam Rita said. "Today is one of those times." THE CANADIAN PRESS



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NHL
The Chicago Blackhawks signed winger Akim Aliu, right, to a three-year entry level contract yesterday. A native of Nigeria, Aliu notched 58 goals, 123 points and 316 penalty minutes in 160 career regular-season OHL tilts with Windsor, Sudbury and London. METRO NEWS SERVICES

Canadians bring home hardware

Olympians arrive to cheering fans, families — and even doughnuts

Dozens of enthusiastic people, many waving small Canadian flags, greeted returning Olympians yesterday as they arrived at Vancouver, Toronto and Montreal.

Krista Guloien, who competed in quad rowing and finished eighth, was the first to walk down an escalator into an throng of media at Vancouver International Airport.

Guloien said she was thrilled to have competed for the country.

"It's really great to represent Canada and I hope I made everyone proud," she said. "All the hard work of the past four years is worth it."

Kevin Mitchell, who competed in water polo for Canada, which finished 11th, said his Olympic experience was something he will remember for the rest of his life.

"I love competing in water polo," said Mitchell, who is 27 and plans to compete for Canada at the 2012 Olympics in London. "I will remember this for the rest of my life, being at the venue, meeting other athletes."

He said the water polo team's goal for the 2012 Games was to finish in the top four.

One of the first off the plane at Toronto's Pearson airport was rower Chris Pellini of Mississauga.

Pellini, whose mother greeted him with Gatorade and a Tim Hortons doughnut, said China was "great" but he couldn't wait to sleep in his own bed.

Eighteen medals — three gold, nine silver, six bronze — ties Canada's second-best performance at a non-boycotted Games.

THE CANADIAN PRESS

TARA WALTON/TORSTAR NEWS SERVICE

Canadian Olympic bronze medalist Melanie Kok is greeted by the fans and media at Pearson International Airport yesterday as she returns from the Beijing Games.

Golden champs move on at Open

TENNIS Olympic champions Rafael Nadal and Elena Dementieva showed their mettle at the U.S. Open, overcoming early challenges to win yesterday in the start of what's expected to be a wide-open tournament.

Nadal

Former champs Lindsay Davenport and Svetlana Kuznetsova also opened with straight-sets victories, Davenport ousting Aleksandra Wozniak of Blainville, Que., 6-4, 6-2.

Playing for the first time as the world No. 1, Nadal swatted his very first shot wide against No. 136 Bjorn Phau. The Wimbledon and French Open champ was two points from dropping the first set when he surged and, despite needing to bandage a nasty blister, won 7-6 (4), 6-3, 7-6 (4).

"I didn't play with normal intensity," Nadal said. "Probably I'm a little bit tired."

Dementieva looked like gold while taking the final four games to defeat Akgul Amanmuradova 6-4, 7-5. The fifth-seeded Russian was glad to win quickly and give her mind and body a break.

"It's very hard not to think about the Olympic Games," Dementieva said. "Very difficult to refocus. I mean, all my thinking is there in Beijing."

Tenth-seeded Anna Chakvetadze was the top player to lose, beaten by Ekaterina Makarova 1-6, 6-2, 6-3.

THE ASSOCIATED PRESS

SCOREBOARD

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	PCT	GB
Tampa Bay	79	50	.612	—
Boston	75	55	.577	4½
N.Y. Yankees	70	60	.538	9½
TORONTO	**67**	**63**	**.515**	**12½**
Baltimore	61	69	.469	18½

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Sox	75	55	.577	—
Minnesota	74	56	.569	1
Detroit	64	67	.489	11½
Cleveland	63	67	.485	12
Kansas City	56	74	.431	19

WEST DIVISION

	W	L	PCT	GB
L.A. Angels	79	50	.612	—
Texas	63	68	.481	17
Oakland	59	71	.454	20½
Seattle	48	82	.369	31½

NATIONAL LEAGUE

EAST DIVISION

	W	L	PCT	GB
N.Y. Mets	73	59	.553	—
Philadelphia	72	59	.550	½
Florida	67	64	.511	5½
Atlanta	57	74	.435	15½
Washington	46	85	.351	26½

CENTRAL DIVISION

	W	L	PCT	GB
Chicago Cubs	80	50	.615	—
Milwaukee	76	55	.580	4½
St. Louis	73	59	.553	8
Houston	66	65	.504	14½
Pittsburgh	57	74	.435	23½
Cincinnati	57	74	.435	23½

WEST DIVISION

	W	L	PCT	GB
Arizona	68	62	.523	—
L.A. Dodgers	65	66	.496	3½
Colorado	61	71	.462	8
San Francisco	58	72	.446	10
San Diego	48	82	.369	20

LAST NIGHT'S RESULTS

AMERICAN LEAGUE
Chicago White Sox 4 Baltimore 3
Cleveland 4 Detroit 3
Texas at Kansas City
Oakland at L.A. Angels
Minnesota at Seattle

NATIONAL LEAGUE
Chicago Cubs 12 Pittsburgh 3
N.Y. Mets 9 Houston 1
Philadelphia 5 L.A. Dodgers 0
Arizona at San Diego
Colorado at San Francisco

TONIGHT'S GAMES

AMERICAN LEAGUE
Boston at N.Y. Yankees, 7:05
Cleveland at Detroit, 7:05
Chicago W. Sox at Baltimore, 7:05
TORONTO at Tampa Bay, 7:10
Texas at Kansas City, 8:10
Oakland at L.A. Angels, 10:05
Minnesota at Seattle, 10:10

NATIONAL LEAGUE
Chicago Cubs at Pittsburgh, 7:05
N.Y. Mets at Philadelphia, 7:05
Florida at Atlanta, 7:10
L.A. Dodgers at Washington, 7:10
Cincinnati at Houston, 8:05
Milwaukee at St. Louis, 8:15
Arizona at San Diego, 10:05
Colorado at San Francisco, 10:15

CFL

EAST DIVISION

	W	L	T	PTS
Montreal	5	3	0	10
TORONTO	**3**	**5**	**0**	**6**
Hamilton	2	6	0	4
Winnipeg	2	6	0	4

WEST DIVISION

	W	L	T	PTS
Saskatchewan	6	2	0	12
Calgary	5	3	0	10
Edmonton	5	3	0	10
B.C.	4	4	0	8

WEEK 10

FRIDAY'S GAME
B.C. at Montreal, 7:30

SUNDAY'S GAME
Winnipeg at Saskatchewan, 3

MONDAY'S GAMES
Edmonton at Calgary, 4
TORONTO at Hamilton, 7:30

SOCCER

GAMES FEATURING TORONTO FC:

SATURDAY'S GAME
TORONTO at CD Chivas USA, 10:30

GM pleased with Bosh's showing

NBA Two of his NBA team's players leave Beijing with medals, and his father is hailed as the architect of one of the greatest American teams ever.

It's been a pretty good Olympics for Raptors president and general manager Bryan Colangelo.

After watching the final week of action in China, including Chris Bosh's emergence as a dominant force on an American gold-medal team littered with stars and a Jose Calderon groin injury that limited his contributions for Spain — it's not considered serious — Colangelo feels pretty good about the Raptors' impending NBA season.

Colangelo

"I was most impressed with his preparation and the work he put into this leading up to the practices and competition," Colangelo said of Bosh, who was on the court with Chris Paul, Dwyane Wade, Kobe Bryant and LeBron James in the tense dying minutes of the gold medal win over Spain sans Calderon. "I'm really very happy for him. This experience should propel him to another level."

Colangelo said he has been assured Calderon's injury — suffered late in his team's quarter-final win over Croatia — should not have any impact on Toronto's starting point guard when NBA training camps begin late next month.

"We're just very lucky it appears his injury isn't too serious."

TORSTAR NEWS SERVICE

$35M for McMaster

Three hundred McMaster University health researchers will soon be located under one roof after receiving $35 million from the Canada Foundation for Innovation for a new research facility. METRO NEWS SERVICES

Workology

Back to school

As students gear up to go back to school this fall, those already in the workforce may want to consider continuing their education, a new survey suggests. Ninety-four per cent of senior executives interviewed said their firms offer tuition benefits. Ninety-five per cent of respondents said their companies also reimburse for professional development. METRO NEWS SERVICES

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Selling nature to the web generation

Small Business

RAFAEL BRUSILOW
for Metro Canada

Andy Milne wants to use the Internet to get kids into the great outdoors.

Milne, 36, is the founder and CEO of Andy Camper (andycamper.com), a site that just launched in August and hopes to make learning about nature fun and informative for kids ages 7 to 12.

A self-proclaimed "weekend warrior" who loves outdoor sports like kayaking, hiking and wakeboarding, Milne wants to pull kids away from computers and video games so they can appreciate nature as much as he does.

"The question is how do we get kids away from the mouse and out of the house? I'm trying to get rid of the 'Mom, I'm bored,' syndrome," Milne said.

The Andy Camper site is entirely video-based and features informative clips with experts explaining different facets of nature and showing off a related activity that can be done outdoors. The activities are designed to be interactive and fun for a variety of learners, from kids who like to collect things to ones that like to show off their creativity. Milne says the emphasis is always on teaching fun things to kids that aren't in textbooks.

"We're trying not to make it curriculum-based. We want kids to have fun with the content so we've made it simple, accessible and fun," Milne said.

The idea has taken Milne six years to come to fruition and all aspects of the site's development, from building the website to hiring hosts for the web-clips to developing the videos, were funded by Milne himself. The main challenge, both in building the site and finding investors, has been to keep the site advertising-free.

"Parents won't allow advertising, so we've had to come up with other interesting business models to make sure we maintain that relationship," Milne said.

The choice to put Andy Camper online instead of making it into a TV show or book was obvious to Milne, given how many kids spend their time surfing the web.

"A lot of these kids are on the Internet, so we're going to where they are," Milne said.

The site is adding new content every week and Milne hopes to eventually let kids keep an online journal of their experiences with nature activities. The majority of videos and photos on the site are also posted on YouTube and Flickr and all videos are fully downloadable. Every clip has been shot in high-resolution HD, ensuring that Andy Camper's content won't have to be reshot as technology advances.

"We're embracing any of the technologies that are accessible to kids. We're trying to make a business out of this, but we want kids to have fun, too," Milne said.

RAFAEL BRUSILOW/FOR METRO CANADA

"Weekend warrior" Andy Milne's new start-up business/website attempts to pull kids away from their computer so they can appreciate nature as much as he does.

"The question is how do we get kids away from the mouse and out of the house? I'm trying to get rid of the 'Mom, I'm bored,' syndrome."

Andy Milne
CEO of andycamper.com

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Windsor renters and school residences compete for students

Several Windsor institutions are looking to fill their on-campus housing. Residences at St. Clair College and the University of Windsor are below capacity. With a high vacancy rate, stagnant enrolment and a large number of students living at home, the city's student housing supply exceeds demand. METRO NEWS SERVICES

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Teachers embrace social sites to get through to students

It started with a "friend request" from one of his students — the one who never checked her e-mail and kept missing assignments.

Then a light went on for Halifax high school teacher Richard MacNeil.

Last year, MacNeil became part of the "if you can't beat 'em join 'em" trend of educational instructors embracing the social networking tool Facebook to enhance their classroom teachings.

Updating Facebook pages is fast becoming part of the back-to-school to-do list as teachers and students get ready to return to classrooms in the coming weeks.

"It wasn't that it was any better than sending an e-mail or anything like that, it was that they seemed more willing to accept that media over the other ones," says MacNeil.

Canada is one of the fastest growing Facebook markets in the world with more than three million users, trailing Britain only slightly.

As the popularity of Facebook continues to increase, educational tools are being added to the network, such as a blackboard application and study group options.

MacNeil was already using his own website to post assignments, useful links and samples of work in his communications technology class, so Facebook seemed a logical next step.

"What I tried to do was not to make it just something to study, but to make it something practical so I tried to incorporate as much communication technology in the course as possible," he explains.

"For me, Facebook's been win-win on an educational level," says Prof. Norm Vaughan at Mount Royal College's Department of Education and Schooling in Calgary.

Looking through Vaughan's class Facebook page, there are several discussion topics being debated daily and students — old and new — posting messages by the hour.

Vaughan says it was his students' idea to use Facebook and he has introduced it for the past three semesters with growing success.

"The students wanted to use it because it's a tool they already use and they (teachers) also wanted to see if it was a tool they could use with their students in the future."

THE CANADIAN PRESS

Blurring the lines

- The fine line between student-teacher relationships can be difficult to navigate in the world of online friendship. Some school administrators have started discouraging Facebook use to avoid blurring lines between teacher and student.

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The retrieval of recalled food products to date has been highly effective and we are confident that all measures that could be taken to ensure the retrieval of these products have and will continue to be taken.

This is the toughest situation we've faced in 100 years as a company. We know this has shaken your confidence in us. I commit to you that our actions are guided by putting your interests first.

Sincerely,

Michael H. McCain
President & CEO
Maple Leaf Foods Inc.

Canada a strong contender for foreign recruitment

With new immigration classes introduced, along with more relaxed rules for foreign student visas, Canada is gaining ground in the global competition to attract and retain international students. METRO NEWS SERVICES

Your career path as seen in the stars

Are middle children more likely to program computers or fight fires? Do Scorpios or Capricorns belong to a higher earning bracket?

A new survey from CareerBuilder.com looks at profession, compensation and job satisfaction in relation to birth order and astrology sign. The survey of more than 8,700 workers was conducted across industries.

The survey found that a higher percentage of workers who were the first born in their families earned $100,000 or more annually compared to their siblings. The last born were the least likely to earn six figures.

Below are some more correlations between chosen career paths and order of birth.

- **FIRST BORN:** Government, engineering, pharmacy and science;
- **MIDDLE CHILD:** Nursing, law enforcement, firefighting and machine operation;
- **LAST BORN:** Art/design, sales and information technology.

Workers who were first born were more likely to report holding a vice-president or senior-management level position. Middle children were more likely to identify with professional/technical staff level positions while the last born were more likely to report holding administrative/clerical level positions.

Middle children reported being the most satisfied with their current positions while the last born reported being the least satisfied.

If you're born under the Leo astrological sign, then you are more likely to enter into a government, legal services, art/design/architecture, engineering, entertainment, real estate or education career path, according to a recent survey.

ASTROLOGY

Scorpio, Leo, Taurus and Cancer signs were among the most likely to earn $100,000 or more annually while Aquarius and Capricorn signs were among the most likely to earn $35,000 or less.

Certain career paths were more prevalent in certain astrological signs as well.

- **AQUARIUS:** Sales, military, engineering, mechanic, food preparation, facilities management and transportation;
- **PISCES:** Social work, personal care, IT, facilities management and mechanic;
- **ARIES:** Government, construction, hotel/recreation, IT, education and transportation;
- **TAURUS:** Nursing, engineering, attorney/judge, marketing/public relations and higher education;
- **GEMINI:** Art/design/architecture, nursing and personal care, sales, law enforcement, firefighter and machine operation;
- **CANCER:** Government, legal services, advertising, higher education, machine operation, transportation and military;
- **LEO:** Government, legal services, art/design/architecture, engineering, entertainment, real estate and education;
- **VIRGO:** Social work, sales, hotel/recreation, editing/writing and food preparation;
- **LIBRA:** Social work, government, advertising, machine operation, law enforcement, firefighter, sales and education;
- **SCORPIO:** Legal services, engineering, science, education, construction and skilled trades;
- **SAGITTARIUS:** Editing/writing, marketing/public relations, entertainment, hotel/recreation, IT and military;
- **CAPRICORN:** Art/design/architecture, nursing, science, IT, sales, farming and food preparation.

Pisces, Sagittarius and Capricorn signs reported being the most satisfied with their current jobs while Gemini and Cancer signs reported being the least satisfied.

METRO NEWS SERVICES

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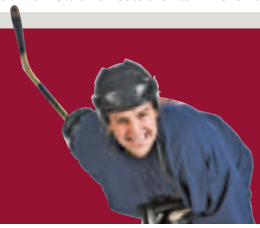
Fish often mislabelled
A team of New York City high school students and researchers at the University of Guelph have teamed up to determine that fish sold at stores and restaurants is often mislabelled. They examined 100 different samples of fish purchased at markets and restaurants in Toronto, New York and Guelph. THE CANADIAN PRESS

Health



Aggression linked to wide faces

Next time you're getting your face scraped along the boards by the other team's enforcer, try to take a peek at his sneering mug. Chances are it's wider than yours, according to a new Brock University study that equates the width of a hockey player's face with his or her aggressive tendencies. The Brock team theorized that the more aggression-inducing testosterone a youth possessed, the broader his face would grow. TORSTAR NEWS SERVICE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Wait on implants

Urge for cosmetic surgery may disappear as girls mature

CELIA MILNE
for Metro Canada

Does your teen girl want to have breast augmentation or liposuction? Try to delay this as long as possible and the urge may even disappear, suggests a recent paper in the Journal of Adolescent Health.

"I think 22 should be the minimum age for any kind of breast implants, because younger women don't fully appreciate the long-term financial and medical commitment involved," says lead author Dr. Diana Zuckerman, (PhD), president of the National Research Center for Women & Families in Washington, D.C.

In addition, she says, women under 22 should not have liposuction. For one thing, girls' bodies are still maturing until that age and, secondly, they should become more physically active rather than having liposuction, as this confers long-term health benefits. "Too many women are choosing liposuction instead of exercise," she says.

Teenage girls are notorious for hating parts of their bodies, but these negative feelings often neutralize as girls become more mature. Studies show that body image often improves after age 18, even without cosmetic surgery, report Zuckerman and co-author Dr. Anisha Abraham, a pediatrician at Georgetown University Medical Center in Washington.

"I think 22 should be the minimum age for any kind of breast implants."
Dr. Diana Zuckerman, National Research Center for Women & Families in Washington, D.C.

Yet the number of teenagers having cosmetic procedures has gone up dramatically in the last 10 years. The American Society of Plastic Surgeons estimates that more than 333,000 cosmetic procedures were performed on people under age 18 in the U.S. in 2005, way up from 14,000 10 years earlier. The trend is similar in Canada.

One-quarter of those procedures were surgical, including breast augmentation, liposuction, tummy tucks, nose reshaping and ear surgery.

Complications of breast implants increase over time and include painful tightening or hardening of the scar tissue, implant rupture, and leaking, report Zuckerman and Abraham. A teenager who gets breast implants may require repeated surgeries over her lifetime, as implants only typically last 10 years. Breast implants can also interfere with mammography and with breastfeeding.

Studies of women who have had breast augmentation show no improvement in their self-esteem over the long term. In fact, these women are more likely to commit suicide than women who have not had this procedure done, the paper warns.

For liposuction, risks include infection, excessive loss of fluids, and damage to skin, nerves or organs.

CHERYL HNATIUK/TORSTAR NEWS SERVICE

Teenage girls are notorious for hating parts of their bodies, but these negative feelings often neutralize as girls grow older.

No need to go off soy following results

CELIA MILNE
for Metro Canada

It was recently reported that men who consume soy daily may be less fertile than those who don't eat soy.

But the study's lead author told Metro it's too early for men to start changing their behaviour.

The study involved 99 men who went to Massachusetts General Hospital Fertility Center with their partners. All couples were having trouble conceiving a baby. The men produced a semen sample and completed a questionnaire about how often they had eaten various soy foods over the last three months.

The researchers found that men who ate soy — such as tofu or soy milk — every day had lower concentrations of sperm. This was especially true of overweight and obese men. This finding is in line with many studies in animals that have shown a link between consumption of soy and lower sperm concentrations.

But the lead author of the study cautions that this is a preliminary study in humans and results may not be as dramatic as they first seem. For instance, although sperm counts were lower in the soy-eating men, most were still in the normal range. It is not necessary, he says, to radically change behaviour.

"I believe that at this moment there is not enough evidence to definitively conclude that soy foods harm fertility in men," says Dr. Jorge Chavarro from the department of nutrition at Harvard School of Public Health in Boston.

Although a study showed sperm counts were lower in the soy-eating men, most were still in the normal range.

Interestingly, in the study, the relationship between high soy intake and low sperm count was seen regardless of age, time without sex, BMI, caffeine consumption, alcohol intake and smoking.

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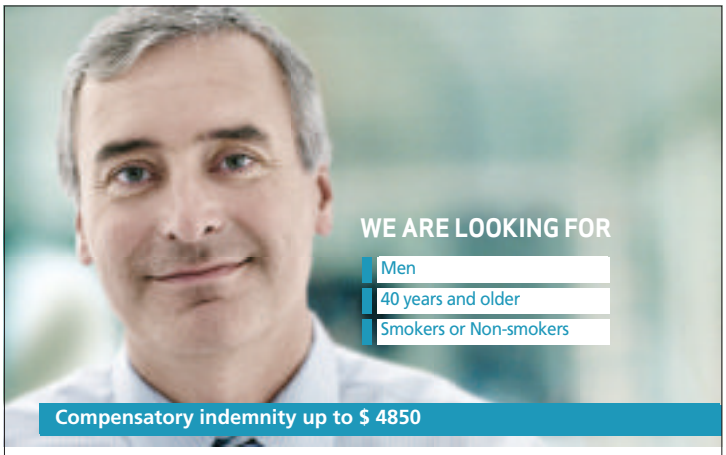

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Fall fairs are for gorging

HineSight
Anne Hines

Food. Source of life. Fount of energy. Wellspring of well-being. And once a year, pure recreational fun.

It's August. Time for my partner, Liz, and I to head to the Canadian National Exhibition to participate in that time honoured gastronomical event, Lard Quest. While this event invites Canada-wide competition, to us, the CNE is the Olympic stadium of recreational eating. Our motto: "We came, we saw, we couldn't believe someone would put that on a plate and call it food, we ate it anyway."

Warning: Lard Quest is not for everyone. Those who get queasy reading the ingredient list on a box of Ho Ho's should not attempt it. For those who keep your local pizza place on speed dial this event is for you.

Lard Quest is not about how much you eat. Going for quantity alone only leads to heartache and stomach ache. One year, our friend, Betty, ate a plate of cabbage rolls, an order of pierogies (double sour cream), pizza her friend, Christine, didn't want, a burger someone else didn't want and two bags of Tiny Tom Donuts. Only to get beat out by a woman who ate all this plus a Pogo.

The CNE is the Olympic stadium of recreational eating.

In Lard Quest, the focus is on quality of badness. A single piece of cheesecake, deep fried and smothered in chocolate beats out any number of orders of nachos, with or without edible oil cheese-like topping.

Here's a handy scoring guide for those new to the event:

• Five points: For anything drenched in saturated fat. Cotton candy is sugary bliss, but it barely qualifies in this event. If someone would toss those puppies into the deep fryer you would have a winner.

• Three points: For complete lack of nutritional value. A friend in Vancouver entered "coconut caramel marshmallow" fudge consumed at the Granville market, but it was disqualified. Fudge contains real butter. Which, in this event, makes it practically health food.

• Two points: For creativity. Whoever thought of battering a Mars bar and tossing it in the deep fryer is simple genius.

• One point: For anything on a stick. We just think sticks are fun.

• Bonus points awarded if you can hear own arteries slamming shut.

So, let the fall fairs begin. Let Canadians everywhere ditch the diet and deep-six that organic free-range broccoli. Today, it's deep-fried Twinkies with an extra dollop of whipped cream. Today, we eat!

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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Hilton the hair Bandit
Hotel heiress Paris Hilton is selling The Bandit, an interchangeable hair extension headband that can add up to 22 inches of 100 per cent polyester hair to the wearer via Velcro. The Bandit will hit shelves Sept. 20. NEW YORK DAILY NEWS

Entertainment

Festive spirit
Singer George Michael says he will release a Christmas single this year. The untitled track will be released alongside a cover of Nina Simone's Feeling Good. ANANOVA.COM

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Give peace a dance

Yoko Ono protest song remixes climb charts

ZETH LUNDY
Metro World News

Yoko Ono laughs when we suggest that we need Give Peace a Chance more now than when it was originally recorded in 1969.

"Exactly," she replies, the shortest answer she'll give during our conversation, and leaves it at that. Perhaps this is reason enough for the release of Give Peace a Chance (The Remixes), a digital collection of eight remixes of the Plastic Ono Band protest anthem with Ono's newly recorded spoken-word vocals. Though the commingling of protest anthem and block rockin' beats may seem incongruous to some, for Ono it's a completely natural method to get the message to the masses.

"If you want to get through to somebody, you go to their stomach with your soup," she says. "(The remixes) are like soup. People give in to their bodies; their bodies will know what's important."

Ono, 75, has led an unprecedented lifelong career as a visual, conceptual and musical artist of the avant-garde, a fact overshadowed by her marriage to John Lennon.

In the late '60s, Ono and Lennon spearheaded a number of peace rallies and bed-ins, the second of which, in 1969 in Montreal, produced the original recording of Give Peace a Chance.

Ono herself seems surprised by the song's lasting impact, not to mention the remix project's recent topping of Billboard's Hot Dance Club Play charts.

"We just did whatever we could and never looked back," she says of her musical and activist collaborations with Lennon. "At the time, the bed-in was the most important thing we were doing."

GETTY IMAGES FILE

Yoko Ono's Give Peace a Chance remixes are on the top of Billboard's Hot Dance Club Play charts.

American Idol adds a judge

PEOPLE Scoot over Simon Cowell, American Idol is adding a fourth critic to its panel of judges.

Grammy-nominated songwriter Kara DioGuardi will sit alongside Cowell, Paula Abdul and Randy Jackson when the eighth season of American Idol premieres in January.

"For the past seven seasons, Paula has had to endure the experience of being the only woman at the judges' table," Mike Darnell, president of alternative programming at Fox, said.

"With Kara by her side, Paula has some backup and now there is going to be a lot more 'girl power' on the show," Darnell added. THE ASSOCIATED PRESS

Barenaked Ladies' Robertson survives float plane crash

Robertson

PEOPLE Barenaked Ladies member Ed Robertson and three others survived after a float plane crashed into trees in southeastern Ontario.

Robertson's private plane went down near Bancroft, Ont., on Sunday afternoon.

It has not been confirmed that Robertson was the pilot but he received his pilot's licence in 2005. He is also host of Ed's Up, a TV program that documents his travels by plane.

OPP Sgt. Bruce Quigg confirmed a small plane carrying four people crashed, although he couldn't say whether Robertson was among them. The plane was totalled but all four adults managed to walk out of the woods and soon reported the crash. THE CANADIAN PRESS

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Toronto's 99.9 MIX FM announced at a press conference yesterday, that it hass changed to Virgin Radio 99.9. Mad Dog & Billie (PHOTO LEFT) will host the "Breakfast show" and Taylor Kaye with Chris Biggs (PHOTO RIGHT) will host the new "Rush" show in the afternoon. Virgin Radio will also be hosted by Ryan Seacrest each night, as well as Perez Hilton with Celeb Gossip. Virgin Radio 99.9 is the first Virgin Radio station in North America!
PHOTO BY: PLANET MAURIE PHOTO

Ferrell's new role

Comedy actor Will Ferrell will host a live fundraising auction for a charity his cancer-surviving friend founded. Ferrell and his wife Viveca will host the event during the 15th annual Cancer for College Golf Classic in September. IMDB.COM

Cher may play new Catwoman

MOVIES Veteran singer/actress Cher has become the latest star tipped to take on the role of Catwoman in a forthcoming Batman movie, femalefirst.co.uk reports.

Director Christopher Nolan is reportedly looking at older actresses, including Cher, 62, in a bid to portray Catwoman as an older femme fatale.

METRO NEWS SERVICES

Virgin Radio tunes into Mix 99.9

Virgin Media Group says Toronto radio station Mix 99.9 will be renamed Virgin Radio under a licensing agreement with Astral Media Inc.

The company announced yesterday that the switch would take place later that day, at 4 p.m. ET.

The station will still focus on the adult contemporary music format, which is essentially chart hits, and some changes will be made to the lineup, including a new rush-hour show and the addition of a syndicated program from the United States hosted by Ryan Seacrest of American Idol.

"With Virgin Radio we hope to create a totally fresh sound with a brand that appeals strongly to our current audience and helps us reach out to new listeners," said Jacques Parisien, president of Astral Media Radio and Astral Media Outdoor.

Ryan Seacrest

The Mix was acquired by Astral Radio last October as part of the $1.08-billion acquisition of privately held Standard Radio Inc.

The Virgin-branded station is the first of its kind in North America, though it has similar stations across the world in countries like Italy, France and India.

Last week, Astral Media announced its radio division was shutting down its online and television classified ad division, TATV, as the business wing continued to lose customers to free online advertising.

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Connery launches book

AUTOBIOGRAPHY He's recognized around the world as the iconic face of James Bond. But in Britain, Sean Connery is also well known as a proud Scot, and yesterday he returned to his hometown to launch his autobiography at a book festival.

Being a Scot looks at Connery's early life as a milkman in Edinburgh's Fountainbridge neighbourhood, then delves into a wide-ranging look at Scottish culture, including the work of poet Robert Burns, novelist Sir Walter Scott and Mary, Queen of Scots.

Bio bit

- In a six-decade career, Sean Connery also starred in The Untouchables, which earned him an Academy Award for best supporting actor.

The unveiling of Being a Scot coincides with Connery's 78th birthday. The actor is appearing at the book festival alongside his co-author, filmmaker and writer Murray Grigor.

THE ASSOCIATED PRESS

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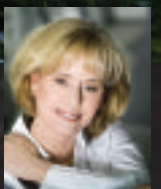

Meet Kathy Reichs
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Blanchett rides Streetcar
A production of A Streetcar Named Desire starring Cate Blanchett will run for two months in the U.S. after debuting in the actress' native Australia this autumn. Blanchett plays Blanche DuBois. METRO NEWS SERVICES

DVD picks

Where In The World Is Osama bin Laden?

Director: Morgan Spurlock
Rating: PG

DOCUMENTARIAN Morgan Spurlock takes his gumshoe act on the road with Where In The World Is Osama bin Laden?, a quest that's only partly in jest. Whether the approach gets him anywhere is in the eye, and funny bone, of the beholder.

He's after Osama bin Laden, the leader of al Qaeda and mastermind of 9/11. Spurlock reasons he alone can prevail where the FBI, the CIA and legions of other "War on Terror" troops have failed.

He travels through the Middle East and to Morocco, Pakistan, Afghanistan and Saudi Arabia to chat with average citizens and a few informed sources, asking them if they know where bin Laden is hiding.

The approach yields mixed results. Many people are so charmed and disarmed by Spurlock's bull-moose approach, they spill their thoughts on bin Laden. A few insights are gleaned. But the film does offer hope that there are millions of people in the Middle East who simply yearn for peace.

Extras include deleted interviews, an alternate ending and a funny bit titled, The Animated History of Afghanistan.

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Mendes' early career goal

Actress Eva Mendes once considered a career as a nun. "I did want to be a nun when I was very little," she said. "Well, that was until my sister told me that they don't get paid." IMDB.COM

Entertainment in brief

TELEVISION Susan Lucci, Toni Braxton and Lance Bass will hit the floor on ABC's Dancing With The Stars. They are among 13 celebrities slated to compete on the new season of the top-rated dance contest, premiering Sept. 22. THE ASSOCIATED PRESS

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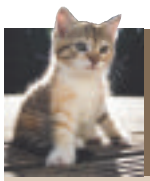

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One heck of an affable show

IntelleVision

Rick McGinnis
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SOMEONE ELSE'S NOSTALGIA: The nice publicist from MuchMoreMusic pitched the story to me by saying that she had a hunch that I was a Huey Lewis kind of guy back in the '80s. I tried not to sound peevish as I responded that, truth be told, my '80s were more about Black Flag, but I didn't have anything against Huey.

He was always there, an altogether pleasant, older sibling/younger uncle kind of figure, the sort who turned up his car stereo loud with the Big Chill soundtrack because he knew you liked music. It seems like a long time ago, now, and that was the point.

Steadfastly committed to transforming itself into the Canadian VH1, MMM had a new show premiering called Where You At Baby?, that featured an affable host (Matt Wells) being parachuted into the life of a one-time chart-topper, and Lewis was the inaugural subject.

Would I be interested in talking to Huey, the nice publicist wanted to know?

"Is it a reality TV show?" Huey asks me over the phone. "I thought it was sort of a biography deal. You see, I haven't seen the show ... (We) have this Behind the Music on MTV, and I've always liked the Canadian approach to things; it's a little loftier than what we get over here, so I thought, 'Why not?'"

The rough cut pilot is a cheerful, shambling affair — after a brief preamble, Lewis meets Wells and crew at the airport in Montana where he lives and drives them out to his ranch after a stop at the supermarket to pick up supplies for dinner. He kits Wells out and takes him fly fishing, whereupon Lewis reveals he's very conscientious about catch and release. He wakes Wells up the next morning to take him to New York, where he introduces his son and the man who choreographed him for a stint in the Broadway run of Chicago.

"It actually baffles me," Lewis recalled. "When I got to Montana with the crew, I wondered, 'What did I do that for?' It's not like I'm selling anything, I have no record out. Why do something like this? But I liked the people involved.

"I just thought fly fishing would be good. I love to fly fish. And it looks beautiful — it's a beautiful place. When they said they wanted to do something on me, I thought, 'Where would we do that?' I initially thought Montana because it's pretty, but I don't want to look like I'm retired. So I said let's do it in New York. It was actually a day in each place."

Lewis, who still plays 80 shows a year with his band, comes off well — proof of the rule that, if you want longevity in the music business, try to do something that looks dignified at 35 and plausible at 58. Still, the producers of Where You At Baby? had better be hiding a few train wrecks up their sleeve if they want to escape a season of terminal affability.

Rick McGinnis writes about music, movies, books and television, but not opera.

MICHAEL TRAN/FILMMAGIC

Huey Lewis, an entirely decent chap, performs with his band the News in Washington, D.C., in July.

TO	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 8/26/08	265	353	2	TVO	The Great Warming		The View From Here		No Tears		A Boy Called Alex		View From Hr
	211	331	3	GTV	ET Canada	Entertainment	Wipeout (N)		Big Brother 10 (N)		In Plain Sight (N)		News (N)
	215	343	4	OMN1	Two/Half Men	The Simpsons	News (N)		Vivere Il	News (N)	The Simpsons	King of the Hill	Metropia
	210	302	6	CBC	Coronation St.	Laughs	Rick Mercer	22 Minutes	The Tudors (DVS)		CBC News: The National		The Hour
	214	344	7	CITY	Friends	Hollywood	Hell's Kitchen		Reaper "Pilot" (HDTV)		Reaper		News (N)
	212	313	8	CTV	eTalk	Jeopardy!	Canadian Idol	The Hills	Without a Trace "Run"		Law & Order: SVU		News (N)
	218	345	11	E!	The Insider (N)	E! News	Real Housewives		Simple Life	Kardashians	Pam: On Loose	Sunset Tan (N)	News (N)
	137	763	13	TFO	Panorama	Les Éclaireurs	Tournants de l'histoire		*Soleil* ★★ (1997, Drame) Sophia Loren, Philippe Noiret.				Geographic
	-	-	14	-	Law & Order: SVU		News (N)		News (N)		King	King	Cold Case
	213	326	15	SUN	Scrubs	George Lopez	*Destiny Turns On the Radio* ★ (1995, Drama)				To Serve and Protect		Grill Rm.
	-	387	16	CBS	Inside Edition	Hollywood	Bills Today	In Our Lifetime	Big Brother 10 (N)		Democratic Convention		News (N)
	-	385	17	NBC	The Insider (N)	Entertainment	America's Got Talent (Live)				Democratic Convention		News
	-	386	18	ABC	Wheel-Fortune	Jeopardy!	Wipeout (N)		Wanna Bet? (N)		Democratic Convention		News
	219	346	20	ACH-B	Grand Star	Degrassi: Next	America's Got Talent (Live)				Jeff Ltd.	Bravo! Fact	News
	-	-	28	FOX	Judge Judy	Two/Half Men	House (HDTV PA)		House (HDTV PA)		Seinfeld	Two/Half Men	The Simpsons
	-	388	61	PBS	News-Lehrer	Keeping Up	Democratic National Convention		Democratic National Convention from Denver.				Business Rpt.
	297	652	330	WPX	Two/Half Men	Family Guy	Smallville "Justice"		Reaper "Cancun"		CW11 News at Ten		Two/Half Men
	296	654	331	SBK	Wheel-Fortune	Jeopardy!	Dr. Phil		WBZ News (N)	Jeopardy!	Frasier	Frasier	Cheers
	298	653	332	TLA	Reba	Reba	My Wife-Kids	According-Jim	Family Guy	Family Guy	Two/Half Men	Two/Half Men	Smallville
news	502	390	26	NW	CBC News	Mansbridge	The Hour		CBC News: The National		Naked		National
	500	500	33	CNN	(6) Democratic National Convention		Democratic National Convention from Denver.						
	509	504	79	CNB	Kudlow & Company		On the Money		The Business of Innovation		The Big Idea With Deutsch		Mad Money
sports	405	417	22	net	MLB Baseball Toronto Blue Jays at Tampa Bay Rays. (HDTV) (Live)						Sportsnet Connected		Sportsnet Con.
	400	400	30	TSN	U.S. Open Tennis First Round. (HDTV) From the USTA National Tennis Center in Flushing, N.Y. (Live)								SportsCentre
	411	457	58	OLN	Videos	Videos	Pilot Guides Specials		Word Travels	Strand-Peters	Departures		Pilot Guides
	417	406	81	SC	Pinks (HDTV)	Pass Time	Unique Whips		Low Life	SuperCars	Super Bikes!	Super Bikes!	Pinks (HDTV)
family	551	542	25	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach		Mystery Hnt.
	554	544	45	TEL	George-Jungle	Tom & Jerry	Tom and Jerry	6teen	Total Drama	Futurama	*Batman & Mr. Freeze: SubZero* (1998)		
	556	540	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
cable variety	602	567	27	W	Will & Grace	Friends	Maxed Out	Style by Jury	Kim	Style by Jury	How to Look Good Naked		Maxed Out
	570	580	29	MM	Greek "Pilot"		Born to Be	Instant Star	disBand	Technical Diff.	Video on Trial	Video on Trial	Greek
	615	520	31	A&E	The First 48 (HDTV)		The First 48 (HDTV)		The First 48 (HDTV) (N)		The Cleaner (HDTV) (N)		The Cleaner
	700	800	35	TLN	Centrovetrine	Sky TG 24	*Double Frame* (2001, Suspense) Daniel Baldwin.				The Sopranos (SS)		Raymond
	571	581	36	MMM	mmmtop	Where You At	Classic Albums		Listed		Rock the Cradle		
	575	583	38	CMT	Canada Countdown		Beyond Chance		Reba	Hope & Faith	Home Improve.	Roseanne	CMT30
	616	521	39	SHO	ReGenesis "Prions"		Blue Murder "Partners"		Trailer Park	Kenny-Spenny	CSI: NY "Cold Reveal"		House
	620	523	40	BVO	Bazart	Bravo!Videos	In the Shadow of the Blues		Cowboy Junkies: Trinity		The Bravo! Concert Hall		Law & Order
	601	562	41	SLC	End of Leash	Til Debt-Part	Newlywed	In Laws	Shear Genius Stylists return.		Plastic-Perfect	Matchmaker	Newlywed
	522	506	43	HIS	NCIS "Hung Out to Dry"		Digging for the Truth		Finding the Fallen		NCIS "Hung Out to Dry"		Crime Stories
	625	548	44	COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Comedy Inc.	Jon Dore Show	Daily Show
	600	564	46	H&G	House Hunters	Property Virgin	Dirty Business	Outside	Colin & Justin's Home Heist		The Stagers	Green Force	Holmes-Homes
	294	529	47	TBS	Family Guy	Family Guy	*The Client* ★★★ (1994, Suspense) Susan Sarandon, Tommy Lee Jones.					Frasier	Seinfeld
	576	582	49	BET	106 & Park	*Lean on Me* ★★ (1989, Docudrama) Morgan Freeman, Robert Guillaume.					What's at Stake (N)		Different World
	627	528	50	SPC	Stargate SG-1 (DVS)		Star Trek: Voyager		Zombiemania		Battlestar Galactica		Stargate SG-1
	581	566	52	MTV	Next	After	Canada's Next Top Model		Making the Band 4 (N)		From G's to Gents (N)		MTV Live
	618	524	54	TROP	News Show	News Show	ET Canada	What Happen?	Family Guy	Seinfeld	Seinfeld	Frasier	Family Guy
	603	561	56	FOOD	Grill It-Flay	Licence to Grill	Restaurant Makeover		HEAT-McEwan	HEAT-McEwan	Top Chef		Restaurant
	261	394	60	V	Murder, She Wrote		Eyes Down	On the Buses	Quantum Leap		Mystic Women-Middle Ages		Mysterious
	621	527	63	STR	Look-A-Like	Hollywood	TMZ (N)	eTalk	This Is Celine Dion		The Tonight Show-Jay Leno		eTalk
	553	546	65	TRE	Ni Hao, Kai-lan	Nght Grdn	The Wiggles	Franklin	Little Bear	Miss Spider	Comfy Couch	Rolie Polie Olie	Beren. Bears
	115	711	101	TVA	Les Anges de la rénovation		Km/h (SC)	Caméra café	La Grande Évasion (HDTV)		TVA 22 heures	Sucré-salé	*Columbo crim*
	126	730	102	RDI	RDI en direct sur l'actualité		Grands reportages (SC)		Le Téléjournal (SC)		Convention	Le National	Le Téléjournal
	526	507	249	CLT	The West Wing		True Murder	True Murder	Psychic Detect	Ext. Evidence	Traders		The West Wing
	300	601	301	M1	(7:15) *Daddy Day Camp* ★ (2007, Comedy), Paul Rae				*The Devil Wears Prada* ★★★ (2006, Comedy)				*Things-Lost*
	305	612	306	PIX	*HardCore Logo*	(7:25) *The Boys Club* (1997, Drama)			*Stripes* ★★ (1981, Comedy) Bill Murray, Harold Ramis.				*Balance-Power*

critics'corner

The Devil Wears Prada

A recent college graduate (Anne Hathaway) gets a crash course in landing arguably the most demanding boss on Earth (Meryl Streep, who plays it to the hilt) at a fashion magazine in this enjoyable 2006 comedy, adapted from Lauren Weisberger's best-seller. The dismayed newcomer's job is made even tougher by a competitive fellow assistant (Emily Blunt). Stanley Tucci, Adrian Grenier and Simon Baker also star. 9 PM on M1

House

House (Hugh Laurie) and his team suspect that their patient's (Paul Rae) excessive niceness is a symptom of trouble in his brain. And House's fellows wonder if their boss's obnoxiousness might also have an organic cause. 8 PM on FOX

The Bravo! Concert Hall

This concert series features Dallas Green of Alexisonfire fame. He's an eclectic musician and relishes the opportunity to play a variety of musical styles for fans of the rock group and his more mellow solo act, City and Colour. 10 PM on BVO

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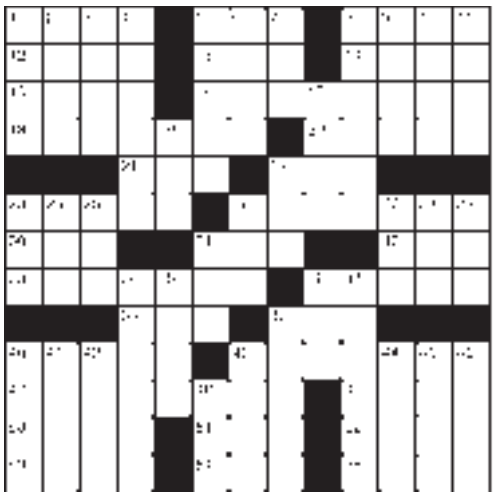
Fling with Emma Roberts?
Actor Alex Pettyfer has admitted he enjoyed a fling with actress Julia Roberts' niece Emma Roberts on the set of their latest film Wild Child. Although the pair is no longer together, the actor insists they are still on good terms. IMDB.COM

Take Five



Crossword down

1 Gridlock sound
2 Stratagem
3 Speedy steed
4 Look-alike
5 Moisten in the morn
6 Messes up
7 Mainlander's memento
8 Spider's creation
9 Luau dance
10 Works with
11 Netting
17 Zinger
19 Parcel of land
22 Lubricate
23 Playground pastime
24 Green, in a sense
25 Pen point
26 Serbian city
27 Fond du —, Wisc.
28 Wapiti
29 James Bond, e.g.
31 Kitten's call
34 Under-the-table payments
35 Leopold's partner
36 Bill
37 Optimally
39 Having a persistent odor
40 Blue hue
41 — -ho (zealous)
42 Taunt
43 Tolerate
44 Tardy
45 Cupid's alias
46 Venetian blind part
48 Prune

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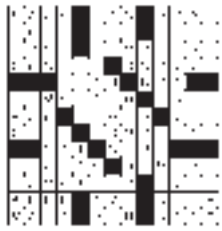
Crossword across

1 Actor Pitt
5 Canto preceder
8 One of the gang
12 Mark replacement
13 Earlier than
14 River of England
15 Jacob's brother
16 Bounces a basketball
18 Wilma's daughter
20 Flooded
21 Depressed
22 Raw rock
23 Doctrine
26 Fishermen's hopes
30 Expert
31 Wire measure
32 High mountain
33 Talks turkey?
36 Gauche
38 Tier
39 WWE surface
40 Texas A&M athlete
43 Lawrence Welk trademark
47 Nitpicks
49 Count counterpart
50 Cease to exist, old-style
51 Hearty tree
52 Old portico
53 Quite some time
54 Get nosy
55 Criterion

previous day's answer



Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Have a serious chat with snobs. Vengeful remarks will fail to wound. A stranger's pep talk is loaded with wisdom.

TAURUS
APRIL 21-MAY 21
Forgiveness lies in store at home. Hide the evidence of your bad habits. An elder wants you to share bad news.

GEMINI
MAY 22-JUNE 21
Your dread of surprises will wane. An outlandish situation will be changed. Don't commit to anything right now.

CANCER
JUNE 22-JULY 22
A lie will cause a quarrel. Be friendlier with a strange woman. Someone looks to you for inspiration.

LEO
JULY 23-AUG 23
A rival is crushed by a dream that comes true. Giving your opinion can win over a new contact. New rules will be brought down.

VIRGO
AUG 24-SEPT 22
Confusion about a friend's carelessness becomes tiring. It's time to wind up old business. A loner agonizes about a terrible decision.

LIBRA
SEPT 23-OCT 23
A passionate reaction will cause grief. A hysterical person will speak the truth. A woman needs no lessons on mind games.

SCORPIO
OCT 24-NOV 22
You'll feel frisky with someone you meet. A confident person reveals an obvious solution. Have an insightful dialogue about your issues.

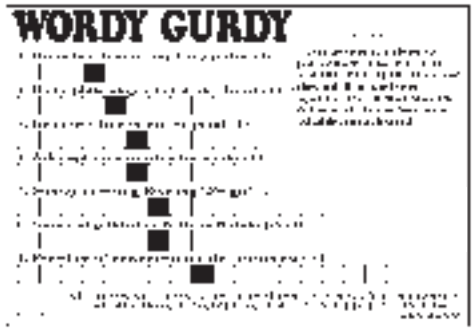
SAGITTARIUS
NOV 23-DEC 21
Running an errand will get you out of a bad place. Expect a pessimist to support you. Perform spontaneous acts of kindness.

CAPRICORN
DEC 22-JAN 20
A volatile person will give you good news. A specialist will be raring to go. Be rational when you're feeling left out of things.

AQUARIUS
JAN 21-FEB 18
Your self-esteem will get a boost. Don't alarm others by being too fascinating. A problematical person will show a willingness to listen.

PISCES
FEB 19-MARCH 20
A playmate wants things to change. An empty-headed man's gibberish will confuse everyone. Family health concerns must be dealt with.

WORDY GURDY



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Sudoku

			7	4				9
8						4	5	6
		6					3	
			9	3				2
	1		4		7		9	
3				5	1			
	5					1		
2	7	8						4
6				2	9			

HOW TO PLAY SUDOKU:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

3	7	2	1	5	9	6	4	8
4	8	9	3	6	2	7	5	1
5	1	6	8	7	4	9	3	2
8	2	5	4	9	3	1	6	7
1	6	4	7	8	5	2	9	3
7	9	3	6	2	1	5	8	4
6	4	8	9	1	7	3	2	5
2	3	7	5	4	6	8	1	9
9	5	1	2	3	8	4	7	6

SUDOKU SOLVE TIME IN MINUTES:

Under 13. . . . . Genius
13-17 . . . . . Scholar
17-21. . . . . Smart
21-25. . . . . Not bad
25+ . . . . . Keep practising

more games metronews.ca

Toronto weather

The Weather Network theweathernetwork.com

Afternoon	Tonight	Wednesday	Thursday	Friday
Sunny. 21°	Partly cloudy. 13°	Variable. 23°/ 15°	60% Showers. 21°/ 17°	40% Showers. 22°/ 15°

Temperature Normals
High: 26.3°
Low: 13.9°

Records
High: 36.7°/1948
Low: 6.9°/1977

Sunrise: 6:35 a.m.
Sunset: 8:03 p.m.
Moonrise: 1:15 a.m.
Moonset: 5:41 p.m.

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New gig for Marisa Miller

Marisa Miller is Victoria's Secret's latest spokesmodel. Her first role will be as the face of the new fragrance Very Sexy Dare, which will be unveiled at the firm's flagship store in New York in September. IMDB.COM

Celebrity Buzz

Bynes blamed for car mishap

ACCIDENT Police have determined actress Amanda Bynes is to blame for a car accident that left another driver with minor injuries, imdb.com reports.

Bynes, 22, was not under the influence of drugs or alcohol when she caused the collision this past weekend in Los Angeles, authorities confirm.

"Ms. Bynes was driving a BMW when she made an unsafe turn and another car hit her," Sgt. Murrel Pettway of the Los Angeles Police Department said.

"It was determined that she was at fault, but no crime was committed. The other driver complained of minor injuries. Drugs and alcohol were not involved. It was just a typical car accident.

"There was no serious damage to either vehicle."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

'Silly' media, pills aren't for Posh!

PEOPLE Former Spice Girl Victoria Beckham has spoken out against claims she uses diet pills, branding the false reports "silly," imdb.com reports.

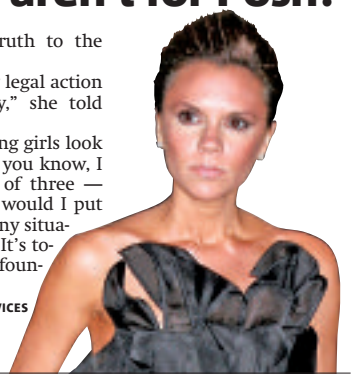
A representative for Beckham, 34, announced earlier this month the star's plans to sue British magazine Now after it alleged she takes slimming tablets to lose weight.

Now the fashion designer herself has addressed the controversy, insisting there is no truth to the speculation.

"I am taking legal action as it's so silly," she told FoxNews.com.

"I know young girls look up to me and, you know, I am a mother of three — how and why would I put my health in any situation like that? It's totally without foundation."

METRO NEWS SERVICES



celebrity brief

Winehouse's mother-in-law on singer: Lock 'er up

INCARCERATION Forget rehab — singer Amy Winehouse should be behind bars, the New York Daily News reports her mother-in-law as saying.

"Prison will do Amy far more good than rehab," Georgette Civil told Britain's News of the World. "The police … should arrest her and put her behind bars … She's got to learn the hard way."

Rumours surfaced that Winehouse, 24, was planning to enter a rehab facility near the jail where her husband, Blake Fielder-Civil, is serving time. Winehouse's rep has since shot down the reports.

According to Civil, jail helped her son kick his notorious drug habit. "Prison worked for Blake. It's the only thing that can now save Amy," she said.

Winehouse checked into rehab in late January after a 19-minute video surfaced of the singer allegedly smoking a pipe and allegedly admitting that she had just taken six tablets of Valium. She was also caught on tape in July allegedly snorting cocaine while DJing at a London pub.

METRO NEWS SERVICES

celebrity brief

Heroes star defends daddy

FAMILY Actress Hayden Panettiere has broken her silence about the alleged domestic incident that led to her father's arrest earlier this month, imdb.com reports.

The Heroes star's father, Alan, was held on suspicion of felony spousal abuse Aug. 11, after allegedly striking his wife, Lesley, three times.

The couple appeared on TV in the U.S. to clear up what they called "a big misunderstanding."

And 19-year-old Hayden is now echoing her parents' claims, insisting Los Angeles authorities exaggerated the incident. She tells Extra: "It was blown way out of proportion by a sheriff who wanted his 15 minutes of fame."

METRO NEWS SERVICES

Fresh vows for Madonna, Ritchie

MARRIAGE Pop star Madonna and her filmmaker husband Guy Ritchie said "I do" again, perezhilton.com reports.

An insider reveals to the Daily Mail that the couple recently renewed their wedding vows at a private Kabbalah ceremony in London.

Madonna supposedly flew her Kabbalah teacher over from Los Angeles to conduct the proceedings.

"It was very intimate and both Guy and Madonna made vows to each other and pledged to try to make their marriage strong again," the source said.

"The ceremony lasted about an hour. They turned up at the Kabbalah centre in their gym clothes and changed into white robes. Everyone at the centre hopes that they will get through their recent rough patch."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Aniston disses plastic surgery

LOOKS Jennifer Aniston has ruled out plastic surgery, femalefirst.co.uk reports. She says the only reason she'd consider surgery would be medical purposes.

"I once had the degree of my deviated septum operated on," she said. "The rest of my body is all mine. And absolutely natural. And it's going to stay that way."

METRO NEWS SERVICES

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To gnome him is to love him
James McAvoy has been lined up for a new starring film role — as a garden gnome. McAvoy is set to strut his stuff as a green goblin in 2010 flick Gnomeo And Juliet. SKY NEWS

Celebrity Buzz

Beckham helps streamline Cruise

SHAPE Tom Cruise has reportedly been getting diet advice from soccer ace David Beckham, imdb.com reports.

The Top Gun star and his wife, Katie Holmes, became pals with Beckham when the footballer and his Spice Girl wife Victoria moved to Los Angeles last year.

And the actor is said to have shed 10 pounds in six weeks with the sports star's help. A source tells Britain's Daily Mail newspaper, "David has been round at Tom's house a lot. While Katie and Victoria have been swapping fashion tips on the phone, David has been advising Tom on diet.

"Tom has a private gym at his home and David has been working out with him. He also gave him diet advice. Tom has been sticking to 1,200 calories a day, mostly grilled chicken and fish with lots of vegetables, salads and fruit.

"David put together a workout regimen that included the treadmill, weight training and fencing lessons together."

And the reason for Cruise's sudden health kick appears to be his young family.

The source adds, "He turned 46 this summer and he's got a 29-year-old wife and a young family, so he wanted to get back in shape."

METRO NEWS SERVICES

celebrity brief

Hathaway used degree to flee

FAME Actress Anne Hathaway struggled to cope with fame and escaped the limelight by studying for a degree, imdb.com reports.

She shot to fame in 2001 after appearing in The Princess Diaries. But Hathaway found it difficult to adapt to media scrutiny at such a young age and her personal life suffered, prompting her to attend New York University.

"I was a mess in some ways and that had nothing to do with my choice of career," the 25-year-old explains. "Going to university helped me a lot."

METRO NEWS SERVICES

Heigl: No kids yet

FAMILY Katherine Heigl is in no rush to have children, says her husband Josh Kelley.

The actress, who married Kelley in December, says the couple wants to focus on their professional lives for the immediate future, femalefirst.co.uk reports.

"(Having kids is) not really something we're talking about right now. We're pretty busy people," Heigl said.

Kelley agrees.

"We are not talking or thinking about children now really. Right now, we are all about our careers," Kelley added.

METRO NEWS SERVICES

celebrity brief

Spice made it nice for Mel C

FAME Spice Girls star Melanie Chisholm is glad she took part in the band's comeback tour because it helped her deal with her troubled past, femalefirst.co.uk reports.

She was reluctant to reunite because she feared it would bring back bad memories, including her struggle with anorexia.

But reforming the group turned out to be a therapeutic experience for her.

She says, "When it was over I was finally proud to be a Spice Girl."

METRO NEWS SERVICES

Are these two Brangelina 2?

FAME Could Spencer Pratt and Heidi Montag be the next Brangelina?

The Hills stars claim they want to follow in actors Brad Pitt and Angelina Jolie's adoption/natural birth footsteps, Sky News reports.

"We'll pull an Angelina and Brad and have a whole clan," Pratt said.

Montag added: "I used to want to be a missionary (in Africa).

"That's something I've always really wanted to do — go to the UN for world hunger and really, you know, not just go there for a safari, but go there to actually help."

METRO NEWS SERVICES

Diaz does doggone good

PETS Cameron Diaz has shown her caring side — by rescuing an injured dog she found in her neighbourhood, imdb.com reports.

She discovered a German shepherd Saturday and took it back to her Hollywood home.

Diaz's representative tells People.com, "Cameron and a friend were involved in returning an injured dog to its owner."

A source adds, "Diaz brought the dog in and gave it some food and water. Her assistant posted a 'found German shepherd' sign and (the dog's owner) — Diaz's neighbour who was driving around the area — came across it."

METRO NEWS SERVICES

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CHECK THIS OUT BEFORE YOU GO.

STARTING SATURDAY, AUGUST 30, WE'RE MAKING CHANGES TO SOME GO TRAIN & GO BUS SERVICES.

01 – LAKESHORE WEST GO BUS SERVICE
Sunday or holiday Monday trips will resume between Aldershot GO Station and McMaster University.

09 – LAKESHORE EAST GO BUS SERVICE
A new weekend and holiday trip will depart Oshawa GO Station at 4:40 a.m., Whitby at 4:50, Ajax at 5:00, Pickering at 5:10, then run express to Union Station GO Bus Terminal arriving at 5:45 a.m.

19 – OAKVILLE HWY. 403 GO BUS SERVICE
Two new weekday trips will depart Finch GO Bus Terminal at 4:05 and 4:35 p.m., serve Yonge & Sheppard, then run express to Square One GO Bus Terminal arriving at 4:50 and 5:25 p.m.

A new weekday westbound trip will depart Finch at 5:20 p.m., make all stops, and arrive at Oakville at 6:55 p.m. The 5:35 p.m. trip from Finch will now depart at 5:50 p.m., arrive into Oakville at 7:25 p.m., and times will be 15 minutes earlier at all stops along the route.

21 – MILTON GO BUS SERVICE
A new Saturday trip will depart Union Station GO Bus Terminal at 7:20 a.m., making all stops, and arriving at Milton GO Station at 9:00 a.m.

We're also adding six new trips between Meadowvale GO Station and Union Station GO Bus Terminal on Sundays.

31 – GEORGETOWN GO TRAIN & BUS SERVICE
The westbound train that departs Union Station at 3:15 p.m. will now depart at 3:10 p.m., and times will be five minutes earlier at all stops along the route.

The Friday bus trips departing the University of Guelph at 1:55 and 4:55 p.m. to Brampton Bus Terminal will resume.

The 12:30 and 1:30 a.m. westbound bus trips from Union Station GO Bus Terminal will now only stop upon request between Hurontario & Bovaird in Brampton and Georgetown GO Station.

32 – BRAMPTON TRINITY COMMON GO BUS SERVICE
A new weekday westbound trip will depart Yonge & Sheppard at 5:15 p.m., make all stops, and arrive at Trinity Common at 6:15 p.m. Georgetown line train customers traveling to Trinity Common may depart the westbound train at 5:49 p.m. at Bramalea GO Station to connect with this bus trip.

37 – ORANGEVILLE GO BUS SERVICE
The weekday northbound 4:05 p.m. trip from Brampton GO Station will now depart at 4:00 p.m., and times will be five minutes earlier at all stops along the route.

38 – BOLTON-HWY. 50 GO BUS SERVICE
Three new weekday southbound trips will depart Bolton (Hwy. 50 & Columbia Way) at 9:35 a.m., 11:35 a.m., and 1:05 p.m., and connect to eastbound Georgetown train service at the Malton GO Station.

Three new weekday northbound trips to Bolton will depart the Malton GO Station at 10:03 a.m., 12:03 p.m., and 1:33 p.m., and connect to westbound Georgetown train service.

The weekday 3:48 p.m. northbound bus trip from Malton will now depart at 3:43 p.m., and times will be five minutes earlier at all stops along the route.

46 – HWY. 407 WEST GO BUS SERVICE
There will be new weekday trips, changes to some existing trips, and more Sunday and holiday Monday trips between York University and Hamilton.

50 – U OF T SCARBOROUGH–CENTENNIAL COLLEGE GO BUS SERVICE
Weekday service will resume between Unionville GO Station, Centennial College, and U of T Scarborough.

52 – HWY. 407 EAST GO BUS SERVICE
There will be new weekday trips and changes to some existing trips.

64 – NEWMARKET-YORK UNIVERSITY GO BUS SERVICE
The weekday northbound 2:35 and 3:30 p.m. trips from York University to Newmarket GO Bus Terminal and weekday southbound 8:35 a.m. and 2:10 p.m. trips from Newmarket to York will resume.

71 – STOUFFVILLE GO TRAIN & BUS SERVICE
The new Lincolnville GO Station located on Bethesda Sideroad at 10th Line opens on Tuesday, September 2. The new station is accessible and has parking for over 150 cars. Starting Saturday, August 30, buses will use the new bus loop at the station instead of the stop on the street.

Uxbridge buses will now connect to weekday train service at Lincolnville instead of at Stouffville and Mount Joy, and bus trips between these stations will be discontinued. Although the Markville Mall and Dickson's Hill stops will no longer be shown in the timetable, buses will continue to serve both locations.

There will also be time changes to some northbound train trips, so be sure to check the new schedule.

93 – DURHAM COLLEGE-UOIT GO BUS SERVICE
Weekday service will resume between Scarborough Town Centre and campus with new trips added.

MINOR TRAIN SCHEDULE ADJUSTMENTS
We're making minor updates to some train schedules to better reflect the typical arrival times at Union Station.

***ON LABOUR DAY, MONDAY, SEPTEMBER 1, WE'LL BE OPERATING ON A HOLIDAY SCHEDULE.**

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Seneca

"This is truly a dream come true for me," said Daryl.

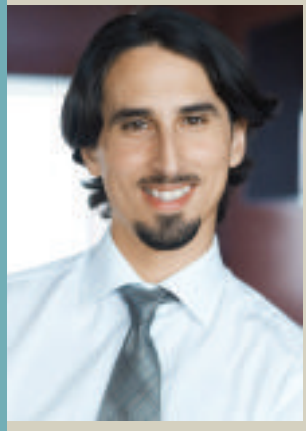
Daryl Wood's career is flying high. After graduating from Seneca's Flight Program he and two other students were hired as first officers with Air Canada Jazz. He has been co-piloting commercial flights across North America.

"When I was in the air cadets, I spoke to a number of people about flight schools and everyone I spoke to said Seneca had the best program in the country. This was the flight program I desired to be in the most," added Daryl.

Thang Do, a student in Seneca's International Business program, has launched Accessories by the Sea, an online store that sells hand-made jewelry directly from Vietnam. Thang knew he stumbled on to a gem of an idea during a presentation he made in his International Effective Selling class.

Thang credits the training he has received at Seneca for giving him the confidence to pursue his goals.

"This is a perfect example of a student taking what they've learned in class and applying it," says Maurice Platero.

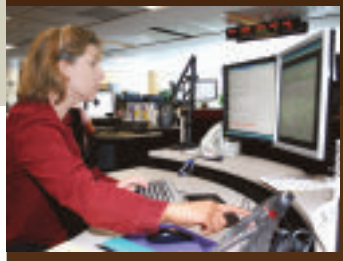


Andrew Smith a graduate from Seneca's Software Development program was offered a job even before graduation, as an open source programmer with Mozilla, one of the world's most popular web-based software development companies.

"I came to Seneca because I wanted the best education in the field," said Andrew. "Through the degree program, I received foundational knowledge of programming in the first couple of years and after that I went on to work on applied projects."

As a flight attendant with WestJet airlines, Natalie Dowhan has achieved her career goal in short order.

"When I came to Seneca this is exactly what I wanted to do," says Natalie. "Within two years I achieved my goal and now I'm working for one of the best airlines in the world."



Every time Melanie Wynn picks up the phone, it could be a life and death situation. As an emergency communications operator with York Region Police, she serves as a lifeline for people in distress.

Melanie graduated from Seneca's 911 and Emergency Services Communications program, a program that prepares graduates for successful careers as emergency services operators and dispatchers with 911 call centres and other public safety agencies.

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